



THE BOTTOM LINE



November 2022 Edition

Step 11: *“Sought through prayer and meditation to improve our conscious contact with a power greater than ourselves, praying only for the knowledge of God’s will for us and the power to carry that out.”*

“Our personal conceptions of God had changed radically. From someone or something to bail us out of scrapes or to pray only amidst crisis, we had progressed beyond an overseeing caretaker or parent-like God to the sense of being in [a] conscious partnership with this Power” (SLAA Basic Text Pg 99).

INSPIRATION LINES

Call for 24/7 relief to listen and be inspired by a new recorded Speaker each week

6-Minute Recording: (215) 574-2120

20-Minutes Recording: (215) 574-2121

TELEPHONE MEETINGS

www.slaafws.org/telephonemeetings

We want to hear from you!

Share your experience on Step 8!

Email in a short blurb to be featured in next month’s issue!

BottomLine@SlaaLosAngeles.org

25th Annual Spiritual Renewal & Recovery Retreat

Friday, November 25 - Sunday, November 27th

Currently full, but there is a waitlist!

Virtual Meeting Guide:

www.slaalosangeles.org/virtual-meetings

Donations

Venmo: @SlaaLosAngeles

Paypal app: @slaala

Paypal: donate@slaalosangeles.org

Amazon: smile.amazon.com

Choose “SLAA Los Angeles Inc” as your “charity.” Please note in the Memo what the donation is for.

venmo



@slaalosangeles.org
phone # last 4: 8741

In-Person Meeting Guide:

www.slaalosangeles.org/copy-of-current-meetings

Local Intergroup

www.slaalosangeles.org

S.L.A.A. Los Angeles, Inc.

P.O. Box 480379,

Los Angeles, CA 90048, USA

310-595-8741

Recovery Word Search

W C M K T B X X E P R E S E N C E N
Q H O N E S T Y P I S P R A Y E R P
G O D C A R R Y G R E A T E R Z S I
L M E D I T A T I O N S A W P S P Z
O P R E L A T I O N S H I P W E A C
V A R A W A R E N E S S D X D R R O
E W S G O U R S E L V E S V B E T N
I N T E G R I T Y I K B W G I N N T
N W I L L Z C O N S C I O U S I E A
M K N O W L E D G E E F F O R T R C
Z R D I S C O V E R Y I A A F Y Z T
X S X W G R P A R T N E R S H I P Y

Find the following words in the puzzle. Words are hidden ↓ → and ↘

AWARENESS

CARY

CONSCIOUS

CONTACT

DISCOVERY

EFFORT

GOD

GREATER

HONESTY

INTEGRITY

KNOWLEDGE

LOVE

MEDITATION

OURSELVES

PARTNER

PARTNERSHIP

PRAYER

PRESENCE

RELATIONSHIP

SERENITY

WILL

1976 - 2026

WHAT IS YOUR STORY

Do you have an S.L.A.A. story of experience, strength, and hope?

SEX AND LOVE ADDICTS ANONYMOUS
50th ANNIVERSARY EDITION - BASIC TEXT

WOULD YOU LIKE TO HELP OTHERS BY SHARING YOUR STORY?

S.L.A.A. is preparing a special 50th-anniversary edition of our Basic Text, *Sex and Love Addicts Anonymous*. We are seeking new stories of recovery for this new edition.

DO YOU HAVE AN S.L.A.A. STORY OF EXPERIENCE, STRENGTH, AND HOPE?

- Personal stories with diversity in such areas as gender identity, sexual preference, religion, ethnicity, nationality, length of sober time, age, and the like.
- Personal stories that describe various manifestations of sex and love addiction, such as anorexia, fantasy, romantic obsession, sex and technology, and so on.
- Personal stories about different areas of sober living, such as sober dating, healthy relationships, reconciliation with a spouse or partner, and living single.

NOT SURE WHAT TO SHARE?

- Tell us what your life was like before, what happened, and what it is like now.
- Tell us how you worked the program, perhaps focusing on one or all of our Preamble's Five Major Recovery Resources: Sobriety, Sponsorship and Meetings, Service, Steps, and Spirituality.
- Tell us what you've learned about yourself, dealing with others, and spiritual principles.
- Tell us the basic facts such as your gender, age, ethnicity and nationality, religion or spiritual background, sexual preference, time in S.L.A.A., bottom lines, relationship with a sponsor, time sober in S.L.A.A., experience with relapse and slips, membership in other 12-Step programs, or anything else that impacts your story.
- Tell us how you stay active in long-term sobriety.
- We encourage international stories submitted in English.

HOW TO SUBMIT YOUR SHARE

Visit <https://slaafws.org/committee/clc/> to submit
Must submit as Word Document before Dec.15th 2022

 **6:30 PM Fridays** 

810 Pacific Coast Highway. Parking Lot 8 North

We meet on the sand in between lifeguard tower 8 and the volleyball courts. **Bring beach chairs or a blanket.** *If we have rain or heavy wind, please meet at Mel's Drive-In 1670 Lincoln Blvd.*

For more information Call or Text Max B: 732-337-1926

In Person Meetings

For more information please visit: www.slaalosangeles.org/copy-of-current-meetings

DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor or	LOCATION	MEETING NAME	COMMENTS
SUNDAY	8:30 AM	In-Person Only	Outdoor	Los Angeles State Historic Park 1245 N. Spring St. Los Angeles, CA 90012	Focus on Spirituality	Entrance is at Messengers St and Spring. Map is on the website. Bring something to sit on - the grass is usually wet. Metered parking lot or street.
SUNDAY	11:00 AM	In-Person Only	Indoor	WHRC 626 N Robertson Blvd West Hollywood, CA 90069	Serenity on Sundays	Closed meeting. All genders. Meditation & Sharing. LA County Policy on Masks.
SUNDAY	11:00 AM	In-Person Only	Indoor	West Hollywood Recovery Center, Room 1 626 N Robertson Blvd West Hollywood, CA 90069	Serenity on Sundays	Closed meeting. All genders. Speaker and Sharing. Meditation. LA County Policy on Masks.
SUNDAY	12:30 PM	In-Person Only	Indoor	Reed Park in Joselyn Hall 1133 7th St Santa Monica	Top Lines	All Gender
SUNDAY Men Only	1:00 PM		Indoor	Pathfinders Club 3367 Glendale Blvd Los Angeles, CA 90039	Men's Stag	Men's Stag - Enter through the door to the right of the main entrance door or the back door.
SUNDAY Once Per Month Only!	3:30P M	BOTH In-Person AND Online	Indoor	Silverlake Community Church Fellowship Hall 2930 Hyperion Ave Los Angeles, CA 90027	INTERGROUP MEETING	Second Sunday of the month only. Intergroup meeting for SLAA Los Angeles. Intergroup Reps from each meeting in LA vote on issues. Literature & Chips Pickup.
SUNDAY No Meeting 11/13	4:00 PM	In-Person Only	Indoor	Presbyterian Church 5751 Platt Ave	Step Study	One Hour Step Study

DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor	LOCATION	MEETING NAME	COMMENTS
				Woodland Hills, CA 91367		
SUNDAY	4:00 PM	In-Person Only	Indoor	SHARE! 6666 Green Valley Circle Culver City, CA 90203	A Path to Healthy Relationships	All Gender, Speaker Meeting, Chips Given, Newcomer Focus
SUNDAY	5:00 PM	In Person & Online	Indoor	Van Ness Recovery House 1919 N Beachwood Dr	Anorexia Focus	Breaking thru the chains of anorexia. All genders.
SUNDAY Women Only	7:00 PM	BOTH In-Person AND Online	Indoor	MCC United Church of Christ in the Valley 5730 Cahuenga Blvd. North Hollywood, CA 91601	Sunday Brentwood Meeting	Meeting has a rotating format of speakers, reading, and open sharing, and goes from 7-8:30PM.
SUNDAY	7:30 PM	In-Person Only	Indoor	Mount Olive Lutheran 1118 Allen Ave Pasadena, CA 91104	-	All Gender Meeting is downstairs
MONDAY	7:30 AM	BOTH In-Person AND Online	Indoor	Harmony Toluca Lake Church 4301 Cahuenga Blvd Toluca Lake, CA 91602	Thank God it's Monday: Valley Ed	1 Hour Alternates between a guest speaker and a Step from the SLAA basic Text
MONDAY	8:30 AM	In-Person Only	Indoor	WHRC 626 N Robertson Blvd West Hollywood, CA 90069	Thank God It's Monday	No size limit, but please bring a mask. Parking at Weho Library on San Vicente. All gender
MONDAY	Noon	In-Person Only	Indoor	Colorado Center 2500 Broadway Ave Santa Monica, CA 90404	Building Relationships	1 Hour. All Gender. Group Sharing Community Room Across from Helen's Cycles
MONDAY	7:00 PM	BOTH In-Person AND Online	Indoor	Downtown SHARE! 425 S Broadway Los Angeles, CA 90013	All Welcome Downtown	All Gender. Chips Given. Newcomer Focus NOTE To attendees: Please show up at least 5 minutes early
TUESDAY	7:30A	Suspended	Indoor	Farmers Market		Suspended
TUESDAY	8:30 AM	In-Person Only	Indoor	Farmers Market 6333 W. 3rd Street Los Angeles, CA 90036	Don't Miss The Miracle	Community Room upstairs in the food court. All Gender. Speaker. 1 hour meeting; Focus on spirituality 10 min meditation
TUESDAY	6:00 PM	In-Person Only	Indoor	Share! 6666 Green Valley Circle, Culver City	Serenity Rainbow!	Harmony Room. Closed Slaa Meeting for Trans, Queer or Questioning people.
TUESDAY	7:00 PM	BOTH In-Person AND Online	Indoor/ Outdoor	St. Luke's Evangelical Lutheran Church, 5633 E Wardlow Rd Long Beach, CA 90808	Long Beach 7 pm Study St Luke's	All Gender. Literature Study. Chips Given. Closed Meeting. Please bring a mask. Small Meeting.

DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor or	LOCATION	MEETING NAME	COMMENTS
TUESDAY	7:30 PM	In-Person Only	Indoor	Neighborhood Unitarian Universalist Church 301 N. Orange Grove Blvd, Room 25 upstairs Pasadena, CA		Closed Literature Meeting. All Gender. Handicapped Access. Newcomer Focus. Speaker Meeting. Chips Given.
WEDNESDAY	8:30 AM	BOTH In-Person AND Online	Indoor	WHRC 626 N Robertson Blvd West Hollywood, CA 90069 online ID: 88066048247	Healthy Relations hips	Will be both online and in-person For online password, email: WeHoRecoverySLAA@Gmail.com
WEDNESDAY Men only	5:30 PM	In-Person	Indoor	Farmers Market Community Room 3rd and Fairfax 6333 W. 3rd Street	Fantasy Island	Men's Stag 1 Hour Everyone Shares
WEDNESDAY Women only	6:00 PM	BOTH In-Person AND Online	Indoor	Atlantic Alano Club 600-1/2 Redondo Ave Long Beach, CA 90814 online ID: 791 0609 5069	Healing Hearts	Women only- Speaker, Open Sharing, Literature. Email HealingHeartsLBC@gmail.com for zoom password.
WEDNESDAY	7:30 PM	In-Person Only	Indoor	WHRC 626 N Robertson Blvd West Hollywood, CA 90069	Restored to Sanity	Steps 1 2 & 3. All Addicts Welcome / Masks Required Park at Library on San Vicente
WEDNESDAY	8:30 PM	In-Person Only	Indoor	Pathfinders Alano Club 3367 Glendale Boulevard Los Angeles, CA 90039	Meditation	All Gender. On Glendale Blvd about 1 mile north of the 5
 THURSDAY	6:00 PM	In-Person ONLY	Outdoor	Silverlake Community Church 2930 Hyperion Ave. Los Angeles, CA 90027	Brunswick Patio	Socially distanced. 1.5 hour, 20 minute speaker, Tag-pass sharing on a topic. Chips given. Birthdays celebrated. Has an ASL interpreter on the 2nd Thursday of every Month.
THURSDAY	6:15 PM	BOTH In-Person AND Online	Indoor	SHARE! 6666 Green Valley Circle Culver City, CA 90203	Courtship: From Fantasy 2 Reality	All Gender Chips Given Closed (identify S.L.A.A. only)
THURSDAY	8:00 PM	IN PERSON	INDOOR	SHARE! 6666 Green Valley Circle Culver City, CA 90203	ALL GENDER	* All Gender * Speaker * Meditation * 90 Minute Meeting
FRIDAY Men Only	8:30 AM	In-Person Only	Indoor	St. Bedes 3590 Grand View Blvd Los Angeles, CA. 90066	Focus on the Solution	Men Only- 1 Hour Meeting Parish Hall entrance on Charnock. The focus is on the solution. Book study, speaker and voluntary sharing. Time for Newcomers.
FRIDAY Women+NB	10:00 AM	BOTH In-Person AND Online	Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039		Women and Non-Binary MASK & PROOF OF COVID VACCINATION REQUIRED.

DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor or	LOCATION	MEETING NAME	COMMENTS
FRIDAY NEW ALL GENDER MEETING	Noon	In-Person Only	Indoor	Colorado Center 2500 Broadway Ave Santa Monica, CA 90404	Building Relationships	All Gender - 1 hour, Group Sharing Community Room Across from Helen's Cycles
FRIDAY Beach Meeting!	6:30 PM	IN-PERSON ONLY	Outdoor	Santa Monica - Parking lot 8 North. on the beach	11TH STEP	11th Step by the Sea PARKING INFO ABOVE!
FRIDAY Men Only	6:30 PM	In-Person ONLY	Indoor	Café Tropical 2900 W. Sunset Blvd Back Room	Men's Stag	Men's Stag - Separate from the virtual meeting at the same time Please note: No restroom facilities
FRIDAY Women and Non-Binary	8:30 PM	BOTH In-Person AND Online	Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039		Women and Non-Binary, 1 Hour Speaker Meeting. MASK & PROOF OF COVID VACCINATION REQUIRED.
SATURDAY	9:30 AM	BOTH In-Person AND Online		MCC - United Church 5730 Cahuenga Blvd North Hollywood, CA 91601	Fantasy, Romance, Intrigue	All gender, 1.5 hour
SATURDAY Men Only	10:00 AM	In-Person ONLY	Indoor	The Log Cabin 621 N Robertson Blvd West Hollywood, CA 90069	SLAA Beach Boyz	Men's Stag
SATURDAY	10:00 AM	In Person ONLY	Indoor	Douglas Park 2439 Wilshire Blvd Santa Monica, CA 90403	Artists in Recovery	All Gender Speaker Meeting 1.5 hour
SATURDAY	11:00 AM	In-Person ONLY	Indoor	WHRC 626 N Robertson Blvd, West Hollywood, CA 90069	Tools of Recovery	Room # 2 (Small Room). Speaker, Meditation, & Participation.
SATURDAY Men Only	12:00 PM	In Person	Indoor	The Log Cabin 621 N Robertson Blvd West Hollywood, CA 90069	Men's Stag	Men Only. 1 Hour Meeting.
SATURDAY	4:30 PM	In-Person ONLY	Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039	Sober Dating	The In-Person meeting and the Online meeting are now two separate meetings
SATURDAY	6:00 PM	In-Person ONLY	Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039	Signs of Recovery	All Gender, Mask Optional, Speaker/Share format with a focus on the Signs of Recovery, Chip Meeting. Formerly at Kaiser.

To be of service to SLAA community and help it grow. Tradition Five says "Each group has but one primary purpose — to carry its message to the sex and love addict who still suffers." The more meetings we have, the stronger our fellowship will get. The more people we attract, the more opportunities we have for our recovery.

Imagine starting a meeting that will serve a great purpose to those who need it for many years to come!

www.slaalosangeles.org/start-a-new-meeting

October 2022 Intergroup Meeting Minutes

Secretary – [REDACTED] –

secretary@slaalosangeles.org - Day 39 of having a daughter! :) If you have any suggestions for Intergroup, and how to make it more fun, or just general feedback, please email the secretary

Treasurer [REDACTED]

treasurer@slaalosangeles.org - **September Income:** 11,238.19 **Y-T-D** 28,369.81 **September Expenses** 313.36 **Y-T-D** 16,777.70 **FWS** We received \$336.73 for will be paid in October. **NEW TOTALS: H&I Committee** 2,140.84 **LA Retreat** 13,406.15 **A.S.L. Access Fund** 98.90 **Prudent Reserve** 15,000 **Intergroup cash balances** is 2,089.14 **TOTAL CASH:** 33,071.76

Bottom Line Editor – [REDACTED]

bottomline@slaalosangeles.org - As a reminder, all in-person meetings should have a rep to pick up the Bottom Lines. Each meeting gets 10 free copies. - **Please announce this at your in-person meetings.** \$66.15 was spent in October on 250 Copies. Also, I'm looking for people to submit their experience on the 12 steps corresponding to each month. **Please email in your experience with Step 12 to be featured next month!**

Meeting Registrar – [REDACTED]

registrar@slaalosangeles.org - 35 Meetings, Sunday 8:30am now in griffith park, thursday 6:30pm culer city is now 6:15pm, Mens stag friday 630pm - now @ echo park united methodist church.

Virtual Meeting Registrar – [REDACTED]

virtualmeetings@slaalosangeles.org
Please email with updates to meetings.

Phone Line – (-) Not Present

Literature – [REDACTED] (Assistant: [REDACTED]) -

literature@slaalosangeles.org - Sold \$424.21 in September. **Buy literature at Intergroup!** All info, how to order, inventory and costs on our website slaalosangeles.org under the literature dropdown menu. - Please visit slaafws.org/committee/clc to help submit stories for the anniversary

edition of the SLAA Basic Text.

Journal Rep – [REDACTED]

thejournaloutreach@gmail.com - Journal is the SLAA magazine. Shares and stories shared via literature. Written by fellows. Flyer was posted in chat and in person here at intergroup. Please bring back to your groups! You can subscribe to Journal as well, and have it mailed to you. **You can now get PDF journals (and past journals) for free on slaafws.org - Current Topic: "Different Sexual Cycles. How do you deal with a partner's different timeframe and gain intimacy instead of creating distance? Submission Deadline: January 15th** Submit at: slaafws.org/thejournal

Webmaster – [REDACTED]

webmaster@slaalosangeles.org - 6,982 visits to our website in September. 74% repeat visitors. **Unique visits: 3,983**, 61 Different countries. Most frequently visited page: Workshops.

Workshops & Retreats – [REDACTED] - 25th Anniversary Spiritual Renewal & Recovery Retreat (11/25-11/27) is in fact full, but there is a waiting list.

H&I Committee – [REDACTED]

h-and-i@slaalosangeles.org We ask all Meetings to please elect an H&I rep. Sign up to speak on a panel! Attend our monthly meeting to help facilitate a panel in a hospital or institution. SLAA H&I Committee **Every month on the 2nd Sunday after Intergroup.** Zoom Meeting ID: 879 7219 0670 Passcode: Service

Speaker List Keeper – [REDACTED]

speakerlist@slaalosangeles.org - Please email to add your name to the list or if you need help finding a speaker.

Audio Library Committee – [REDACTED]

audio@slaalosangeles.org - Audio Library Link: TINYURL.COM/AUDIOLASLAA (instructions on how to submit). The waiver flier has been redesigned. We are pushing to get audio recordings of shares to publish

MP3 shares online. **Secretaries: please ask your speakers at meetings if they would be willing to be recorded.** Website: <https://www.slaalosangeles.org/audio>

New Business - Motion 1: Vote for new Secretary. [REDACTED] is voted in for secretary for 2023 Term. **Motion 3:** Voted [REDACTED] as new webmaster.

Motion 2: Discussion for 15 minutes on continuing an Intergroup Hybrid Meeting : Acknowledged that it's much easier if the facility itself is already in place. ~ Acknowledge that hybrid is the "new reality." When I have been hosting a meeting that has moved to a hybrid... I have noticed that it is challenging. One suggestion would be to split the meeting to two meetings. One for virtual meetings, one for in person meetings. ~ Thinking that I probably agree that remaining hybrid is important and that forming a hybrid committee would be helpful in discussing how to move forward. ~ I Teach a couple hybrid classes, and acknowledge that if it moved to completely virtual that potentially more people would continue to attend. But also acknowledge that obtaining literature is still a bit part of this too. ~ Preference would be to make it all in person. Spoke about the importance of building a community in person, as well as consistent place to get literature and handle treasury. ~ Spoke of another meeting that had an intergroup that was hybrid, and when they stopped hybrid MORE people attended. Spoke on the benefits of meeting face to face with other members, and that meetings that have moved back to all in person that have continued to grow since being fully in person. ~ Spoke to the ease of having it virtually in that it might open the meeting to more people. ~ Spoke of the experience of running hybrids over time, and that it is not sustainable. ~ As literature Rep - we attempted to have 6 in person reps that was not at all sustainable, nor did it work. Finances became messy, and it was very much a headache (even with 7 people doing the job that one person generally does in person) ~ Treasury - not much info but generally significantly less money came in when we were virtual only ~ Enjoy being in person since it has continued to grow, and even though it's not a traditional 12 step meeting, it is still beneficial for my recovery.