

August 13, 2017

L.A. Intergroup SLAA—P.O. Box 945, Venice, CA 90294-0945

Suzanne called the meeting to order: 12:20 PM

1. Serenity Prayer (“We” Version)
2. Reading of the 12 Traditions (Jade)
3. Reading of policy statements
 - a. Updated 30 seconds of silence policy (Scott) (Serenity committee volunteers: Glen F., Gene, Glenn S.)
 - b. Reading of voting policy (Scott) (Vote counter: David) – 43 voting members
 - c. Reading of timer policy (Scott) (Timer volunteer: John)
4. Officer and Attendee Introductions
5. Officer & Committee Reports
 - a. We welcomed new IG Reps. Literature orders from 12-12:15, meeting starts at 12:15. You can take notes on reports and bring it back to your meetings. Getting IGSM (Intergroup Service Manual) updated. This is where we vote on motions. Keep announcements to 2 minutes max.
 - b. Record Keeper
 - i. Lituo read minutes from last meeting
 - ii. Vote to approve minutes: Approved with 44 votes
 - c. Bottom Line Editor
 - i. Matt
 1. I still have a lot of Bottom Lines left.
 2. Each meeting is entitled to 10 free copies of the Bottom Line
 3. For extras, \$3 per 10 extra
 4. For anyone who is representing a brand new meeting, you are not in the meeting directory yet. You need to come to 2 IG meetings to represent your meeting before you are added to the meeting directory. You must submit the meeting info to the webmaster through the website which is then sent to me and Meeting Registrar which will then make it onto the BL and clipboard. There are about 8 new meetings.
 5. If there are changes (temporary or permanent) to your meeting, please email the webmaster AND leave a message on the phone line.
 - d. Meeting Registrar
 - i. Christina
 1. If anyone is confused about how to register on the website, ask one of us.
 - e. Speaker Seeker List Keeper
 - i. Jessica A.
 1. LA IG now has a speaker list. If you are an IG rep representing a meeting, please tell your speaker seeker. If the speaker seeker wants to access the list, you must make the request via the website and a list will be sent to you.
 2. If you have a form filled out, please return it to me.

3. I have extra forms to pass around. Please take one and bring it back to your meeting. Anyone who wants to be on the list can also submit their information directly to me via the website.
- f. Phone Line
 - i. Lynda
 1. No update.
 - g. Literature
 - i. Kevin
 1. Thanks for getting the orders in early.
 2. The literature price for basic texts have increased to \$17.50 at the FWS level (for 1-2 books) but the price for us is still \$15.50 as we buy in bulk.
 - h. Mail Clerk
 - i. Someone subbed for Carmen
 1. Mail came and was delivered
 - i. Journal Rep
 - i. Kirsten volunteered to be the new Journal Rep as Carol Ann has not been present for at least 4 meetings
 - ii. David moved that Kirsten be the temporary Journal Rep pending Carol Ann's return in case she still wants the position
 - iii. Lisa described the position: join Conference Journal Committee and you help let people know about the CJC and what the Journal is. Every other month you hand out QotD. Keep in contact with the Journal Editor. No sobriety requirement.
 - iv. Kirsten gave info about herself. We did pros and cons.
 - v. Vote:
 1. In favor: 43
 2. Opposed: 0
 3. Kirsten is the new Journal Rep.
 - vi. Lisa (making the announcement for this month)
 1. Every other month the new Journal comes out. This month: What makes a person emotionally available? We have 2 for sale at the literature table for \$4 each. Our next Journal QotD: How do you find support for mental illness (bipolar, depression, schizophrenia)? How and when have you disclosed your illness to fellows in SLAA? How and when have you disclosed that you are a member of SLAA in mental health groups? How does it affect your recovery? Please share your ESH.
 2. I have an instruction sheet in case IG Reps don't know how to do the QotD.
 3. We also have focus booklets (step 6 focus booklet, step 12 focus booklet). We just came out with a sober dating focus booklet that is coming out.
 4. You can subscribe to the Journal for your meeting or purchase it online as a print or eJournal.
 - vii. Glen F.

1. Journal subscriptions are down
 2. FWS is now printing the Journal themselves so we are now making a profit off the Journal.
- j. Webmaster for SLAA Los Angeles IG Website
- i. David
 1. www.slaalosangeles.org is great place to find info and resources for the recovering sex and love addict. It contains a list of current and new meetings, IG meeting notes, IG Service Manual, literature order forms, info about service opportunities on conference committees, H&I committee, volunteer speaker list info, flyers for new meetings and events, info about Journal subscriptions and QotD and info about ABM, downloadable meeting lists, BL meeting and event flyers, contact any of the IG officers through the website.
 2. If anyone wants info posted on website (meeting changes, new meetings, flyers, events, website questions or comments), contact David W. through website. www.slaalosangeles.org/contact
 3. July 2017 statistics: 12470 views, 4486 visitors. 100 emails, none requesting program info. Website had 12 outages totaling 180 minutes. Up more than 99% of the time.
 4. Last month I coordinated w/assistant webmaster Keith to do routine maintenance.
 - k. Workshops & Retreats
 - i. Chris
 1. Our last workshop had 85 attendees.
 2. Next workshop is next Saturday September 16, 2017 “Relationship with Self” half day workshop from 1-5pm, check-in is at 12:30pm and \$10 at the door. Parking is \$10 in the lot. See me with questions.
 3. Passed out flyers.
 - ii. Glenn
 1. Over Thanksgiving weekend there is a retreat, it is our 21st year at the Serra Retreat Center. Starts Friday around dinnertime and ends at lunch on Sunday. You can come earlier and stay later. This is not a workshop driven retreat. It is contemplative and quiet. We have free time on Saturday afternoons and people plan their own workshops/go to the beach. No pets. Cannot bring other people who are not identified members of SLA. You cannot pay a reduced rate and just attend meetings. You can bring your own food but you will not receive a discount. I maintain a mailing list and sent out a notice on the retreat. So far we have 21 attendees who have paid. If you want to attend, you should make a decision within the next several weeks. If you register late and there is no room, I will keep your check until someone drops out. If you have questions, email me. The last few years the retreat has sold out by November 1. If everyone shares a room, we can fill 80-85. If everyone wants

a private room, capacity is fewer (65-70). Couples (same sex and opposite sex) who are members of SLAA are welcome. If you want to share with someone then you can arrive early (2-3pm) and look through the list.

1. H&I Committee
 - i. Oliver: Monthly meeting is after this meeting today at 2pm in this room. H&I is Hospital and Institutions. We oversee and hold meetings at prisons and do panels in treatment centers.
- m. Social Committee
 - i. Officer not present, no report
- n. Treasurer
 - i. Sherry
 1. Final report:
 - a. \$2,004.52 for IG
 - b. \$585.42 for FWS
 - c. \$70.50 for H&I
 2. I will send a check to FWS today for \$4,323.46 (YTD amount).
 - ii. Lisa
 1. The FWS newsletter that comes out every 3 months lists how much each IG donates. In 2015, LA IG donated \$15,000.
- o. Annual Business Meeting and Conference Committee Announcements
 - i. Glen F.
 1. ABM is the Annual Business Meeting. FWS is Fellowship Wide Services. There is a sheet online that describes FWS. It is our world service center in Texas that pays for new literature, the ABM, helps starting new groups, funds the committees, funds the Board of Trustees. I will bring copies of the FWS info next month. FWS is down in contributions on the group level. The financial report is available at www.slaafws.org. ABM minutes will be posted online shortly. Bring back to your groups what FWS does as a whole.
 2. As an ABM delegate, you get to join committees. I am on Sponsorship Committee and H&I Committee (on the world level).
 - a. H&I: Bring meetings into places like treatment facilities, jails.
 - b. Sponsorship Committee: There are countries that have 1 meeting. There are many cities and states in the US that don't have a meeting and there aren't enough sponsors. We are doing a focus on sponsorship phone meeting that is monthly. We will have a free time after the official phone call for sponsors and sponsees to meet. Please announce this call at your meeting.
 - ii. Michael
 1. I was a first year ABM delegate. Long 14 hour days.

2. I represented LA IG on the motion to approve the Step questions workbook. The workbook did not get passed as a piece of literature and we will have to resubmit next year.
3. Attended Conference Diversity Committee which is working on a diversity statement.
4. Attended Conference H&I Committee and we are trying to create a pamphlet for Intergroups on how to create a H&I committee on the IG level and how to approach treatment facilities/jails.
5. Attended Conference Steps, Traditions & Concepts Committee which gets a lot of questions on how meetings are violating Traditions.

iii. Tia

1. Attended Diversity Committee breakout
2. Attended Anorexia breakout meeting where new lit is being approved
3. Attended Sponsorship Committee breakout
4. Attended Founder's meeting
5. Will write a report on all the literature passed which I will give next month

iv. Glenn S.

1. Second time at ABM
2. I will bring in a report next month which will contain all items for discussion that might be on next year's agenda at ABM
3. Everyone is welcome to attend a Conference committee and participate; the strength of the LA fellowship can help those in other places, you can sit in a call and support a Conference level committee. Many different focuses: budget, literature, anorexia, Steps/Traditions/Concepts. There are 2 areas where LA can participate at a greater level—online and phone meetings, by taking LA recovery and spreading it around the world. I will create a list of all conference committees and contact info for next month and have it posted on the website.

v. Lisa

1. CLC Conduit and Journal Editor
2. ABM was giving away free literature as extras: We have "You are not alone" cards but it says "Sex and Love Addicts Anonymous" instead of SLAA
3. Conference Lit Committee brings literature to ABM for conference approval. There were many items of literature for discussion/approval.
 - a. Companion to Chapter 4: Passed
 - b. Healthy Relationships pamphlet: Passed
 - c. Anorexia Recovery Tools: Passed
 - d. Steps Questions Workbook: Failed first vote, heard minority opinion, passed second vote, and someone called for a group conscience vote and it was voted down.

- iii. Newell
 - 1. FWS has a group starter pack that is \$36 plus shipping for \$80+ of literature that we had previously voted that IG would absorb to help new meetings
 - 2. In order to get the starter pack: 1) Group must register with FWS on the FWS website and 2) make the request with the Literature Rep at IG for the pack
 - a. Christina and Newell will coordinate to try to get all the meetings registered in bulk so that not everyone has to do it themselves
- 8. Chris: Motion to extend the meeting to 2pm
 - a. For: 23
 - b. Against: 5
 - c. Motion passed.
- 9. New Business
 - a. Suzanne
 - i. Thank Shari for her service as treasurer, she will be leaving in mid-November
 - ii. Shari described Treasurer role: take in donation, collect w/Ass't Treasurer, count money, provide receipts, pay rent, make FWS donation, work with Glenn on retreat fund, reimburse for literature. Not much work in between meetings. Become co-signer on account. It is a two year commitment. 1 year sobriety requirement.
 - iii. Dave (Assistant treasurer) was nominated for interim treasurer for the rest of the year. He told us about himself.
 - 1. Call to vote, seconded
 - a. For: 41
 - b. Against: 0
 - c. Dave voted in as interim treasurer for rest of year.
 - b. Rest of new business tabled for next IG meeting.
- 10. "We" version of Serenity Prayer