

February 5, 2017

L.A. Intergroup SLAA—P.O. Box 945, Venice, CA 90294-0945

Suzanne called the meeting to order: 12:15 PM

1. Serenity Prayer (“We” Version)
2. Reading of the 12 Traditions (Matt)
3. Reading of policy statements
 - a. Updated 30 seconds of silence policy (Suzanne) and request of volunteers for 3 person serenity committee (Derek, ____, and Tia)
 - b. Reading of voting policy (Suzanne) (Sarah volunteered as vote counter—30 voting members)
 - c. Reading of timer policy (Suzanne) (Newell volunteered as timer)
4. Officer Introductions
5. Attendee Introductions
6. Request vote counter and count members (Sarah volunteered)
 - a. 33 voting members
7. Officer & Committee Reports
 - a. Record Keeper
 - i. Lituo read minutes from last meeting
 - ii. Vote to approve minutes: Approved with 33 votes
 - b. Bottom Line Editor
 - i. Matt and Christina explained how to get Bottom Lines - put name and address on envelope, write meeting time and location on bottom of envelope, add \$3 per every extra 10 Bottom Lines desired per meeting (10 provided per meeting at no charge)
 - ii. If you want changes to the bottom lines, we need by first Wednesday after meeting.
 - c. Record Keeper
 - i. Lituo: Read minutes from January 2017 IG meeting.
 - ii. Vote to approve notes: 26 votes to approve minutes from last meeting.
 - d. Phone Line
 - i. Lynda: A few calls, 1 from woman who was dating sex and love addict. Lynda gave her experience, strength and hope.
 - e. Literature
 - i. Kevin announced please make orders online prior to meeting.
 - f. Copier
 - i. Oliver announced on behalf of current copier, that person has not shown up.
 - g. Treasurer
 - i. Sherri: When you drop off donation, we need both copies of the receipt. State what is for IG and what is for FWS or else it all goes to IG.
 - h. Mail Clerk
 - i. Carmen: No mail.
 - i. Journal Rep

- i. Glenn F: Filling in for Lisa. We can subscribe online. Question of the Day is being handed around – “How do you recognize and avoid 13th Stepping? Please share your experience, strength and hope.” If you want to contribute to the Journal, you will probably get printed. The new Journal rep has not been present since they took the job 3 months ago so we need a new one.
- j. Webmaster for SLAA Los Angeles IG Website
 - i. David W.: www.slaalosangeles.org is good resource for sex and love addict. It has information on how to contact IG officers and there is a contact form. IG service manual (IGSM) is also available online and at literature table. Contains current meetings and new meetings. Contains IG meeting notes. Contains order forms for literature, Conference Committee opportunities, flyers, Journal info, ABM info. In January there were ~1,755 visitors and 83 emails, only a couple emails were requesting info about meetings/program. If anyone wants info posted on website, contact David W. through website.
 - 1. Carol suggested we make flyer w/info on website to pass out at meetings. David W. said he would make flyers.
 - ii. David W. asked if H&I wanted an email address that gets forwarded to Oliver, Oliver said yes. David W. will also create emails for various Conference Committee conduits.
- k. Workshops & Retreats
 - i. Chris: Have flyers for new workshop “New Beginnings: Steps 1, 2, 3” on Saturday, March 25, 2017 at 1:00 p.m. at St. Basil’s Catholic Church. 1:00-5:00pm, registration at 12:30pm. \$10 registration at door. Bring your own drinks and food.
- l. H&I Committee
 - i. Oliver: H&I Committee meeting is at 2:00pm today after IG meeting. We currently have prison meetings and are trying to get panels started. We meet after every IG meeting. Had flyers to pass around to get people involved.
 - ii. Glenn F: It’s really important to get H&I going. It is an active committee in AA and other 12 Steps. Brings messages to halfway houses, treatment facilities, prisons. If you are attached in some way to a facility, see Oliver, Glenn F. or Glenn S.
 - iii. Glenn S: Shared a success story from the jail. Has been going to Men’s Central Jail for the last 3 years. I was terrified but through being of service found help in my recovery. Recently I saw someone from the jail and this person goes to the meetings outside. “Carrying the message” is not only for addict who still suffers, but for your own recovery. Sex and love addiction is a delicate subject in these treatment centers so just get their information and give to Oliver/Glenn S. to get into the facilities, but there will be resistance because people don’t want to talk about sex.
- m. Social Committee
 - i. Derek: Not sure if it has died out, need to talk to Jeannie.
- n. Conference Committee Announcements

- i. Literature Committee (CLC)
 - 1. Glenn F: Filling in for Lisa. At the last ABM (?), they voted to approve 12 Step workbook. Trying to submit daily meditation book which is nearing completion on first draft. If you have interest, please give email to Glenn F and Lisa will be back next month. Always looking for help to write new literature. Process for getting pamphlet/book done is big.
 - ii. Sponsorship Committee
 - 1. Glenn F: Trying to work on literature. Long distance sponsorship had snag, but now we are coming up with new methodology that will pass FWS standards to connect people who contact FWS directly looking for long distance sponsors.
 - iii. Diversity Committee: Glenn S. announced the committee just met this morning. Working out guidelines for recording shares for retreats and workshops. Looking to create library database that could be an app one day. Second project is a simple version of the SLAA book. Third project are Journal topics on diversity—if anyone has shares on experience with diversity in the fellowship or how sex and love addiction was affected by diversity issues, contact me. Looking for essays ~2000 words. Committee has telemeeting first Sunday of every month.
 - iv. Announcement: Dave G announced that if you are an ABM delegate, the registration is open. If you can't make it, they will transfer to alternate. Finance Committee is doing well. If you have questions, Steps Traditions and Concepts Committee ...?
 - v. Healthy Relationships Committee: Suzanne—fine tuning Healthy Relationships pamphlet, want to submit as a draft at this ABM to make motion this year. Working on new pamphlet—Ending relationship in a healthy way. If meeting is focused on healthy relationships or dating, please have meeting provide feedback. If you're interested in contributing to the pamphlet, join the committee and get in the writing group because we use Google docs. We can distribute draft copies. 4:30pm Healthy Relationships meeting is giving feedback by March. If the Healthy Relationships pamphlet is approved at ABM, not sure how long it takes to get it into pamphlet form.
 - 1. David W: There is a formal process that the CLC goes through to get pamphlets made, see Appendix J flowchart in Conference Service Manual—if you have questions, see me or talk to someone on CLC through FWS website. It's a long process.
 - vi. Translation Committee: Suzanne—we are putting together an email group for the Spanish version of book so people can contribute that way. When they have hired professionals to translate, it has not gone well because we have our own language. If someone wants to translate, see Suzanne and give name and email address and she will make Google group. Committee conduit position is available at IG.
- o. ABM Delegate announcements/updates

- i. Glenn F: Annual Business Meeting is meeting of delegates from all around the world. Happening this July in Boston. If you are a delegate, make your applications ASAP because there are discount deadlines and a raffle. Raffle prize is you get your money back to IG. As a delegate, you also must be on at least one committee. Being on a committee is a great way to be of service. Second agenda is coming out soon, there may or may not be a third agenda. We will try to bring back agenda items to IG to see how we want to vote on the IG level to take to ABM.

8. Old Business

- a. Jessica: (This motion passed) Motion to create a Los Angeles SLAA voluntary speakers list officer position that has voting privileges. This position would be a useful single point of contact for Los Angeles SLAA IG meeting speaker seekers. Local speaker seekers can use this list as an additional source for speakers in the LA area. The meeting supplies their voluntary speaker list to the fellow in this position. The fellow maintains an IG wide list that remains anonymous in nature, only to be used within fellowship upon request from speakers.
 - i. Michael: Will list exist on paper? I have privacy concerns.
 - 1. Jessica: It will not be viewable on the website. Officer would email list directly to person who requests.
 - ii. Tia: Is there requirements for people to be put on list? Time in program. Will people have recovery?
 - 1. Jessica: Every meeting is autonomous as far as parameters for selecting a speaker. If somebody wants to be a speaker, anybody can be on list and it is the SS responsibility to ask questions. What can be on list is sobriety date.
 - a. Suzanne: Person using list can ask questions.
 - iii. Glenn S: Can we have on list: How long have you been in program, your current step, or is it too much? We want to make sure we are sending the message of recovery and speaker seekers often don't know what to ask.
 - iv. Colin: That info is important for newcomer to have if speaker seeker is newcomer. But the info is personal and shouldn't be documented. Include a list of questions at top of list to ask so the speaker seeker can address the person to get the info and it's not stored.
 - v. Newell: I hear a lot of support but it seems like it's not fully thought out. Would you be willing to table it?
 - 1. Jessica: The motion is just to create the position. What's on the list can be discussed later.
 - vi. David W: If person in this position can take these suggestions after creating list, they can make changes. Don't tell officer that they have to do it like this. Friendly amendment: People's suggestions from IG—the person in the position will do their best to accommodate and be transparent to IG.
 - 1. Jessica: Accepted amendment.
 - a. Amended motion seconded.

- vii. Chris: This is just to create position and define the position after creation? Or are we defining position before creation. If we are just creating the position, I have a pro, but if it's to define the job, I think we should table.
 - 1. PRO: For creation, I have a pro, but if it's to define position, I have a con.
- viii. Jessica: Would be more than happy to take on position.
- ix. Sarah: CON: One of the things about being SS is that you go to different meetings and open their program, I'm considering anorexics as well.
- x. Carol: CON: Does that open us up to liability issues if the speaker shows up and has an issue?
- xi. Robert: PRO: I am in another fellowship that has a list like this but it's just another tool in the toolkit, you don't have to use it but it sounds like a good tool.
- xii. Newell: CON: I love the idea but if we're voting on a position to be an officer here, that's something that has to go into the IG service manual, so I want to see a description of what the position is and it can go into the IG service manual.
- xiii. Paul: PRO: I live in Inland Empire and want to start a meeting with another fellow out there, so a list would be very helpful for us.
- xiv. Keith: CON: I am reluctant to vote for a position where I don't know the specifics of what the position is.
- xv. Lynda: PRO: In my other fellowship we have a Resource Chair in charge of speaker list, we have hard copy and online version. In sign-in sheet, they can opt whether or not they want name put on website or not.
- xvi. David W: What is this was not an IG motion? What if Jessica just said, I want to do this and if people want to do this to just call her? This could be an option if this motion is defeated.
- xvii. Glenn S: PRO: Creating position creates opportunity to have discussion on details later. In another fellowship, there is a private Facebook group and anyone posting to the group asking for speakers and that works, if you don't want to be a part of that group, you don't sign up.
- xviii. Sarah: Call to vote. Seconded.
 - 1. Vote
 - a. For: 22
 - b. Against: 7
 - c. MOTION PASSES.
- xix. Glenn F: Now will we be able to have more detail from Jessica, or are we done?

9. New Business

- a. Matt: Motion to change language in Bottom Line service position in IGSM "at home stamp application" to add "or in-store mailing after weighing."
 - i. Glenn: Second. Is there a price difference?
 - 1. Matt: Yes.

- ii. Glenn S: Point of clarity—this motion is to ease responsibility on BL editor?
- iii. Suzanne: Even going to mail it is a to-do and it takes 1.5 hrs. It's a very time-consuming position, you have to update the software. And this is one thing that Matt is requesting to streamline one piece of it.
- iv. Call to vote, seconded.
 - 1. For: 30
 - 2. Against: 0
 - 3. MOTION PASSED.
- b. David W: Motion to elect new positions: Journal Rep, copier, CTC conduit, and new speaker list position.
 - i. Carol Ann: Asked for description of position
 - 1. Suzanne: Read description of Journal Rep in IGSM.
 - ii. Carol Ann is interested in taking position.
 - 1. Seconded.
 - 2. Qualifications: I am a writer with 2 English degrees and I meet the sobriety requirements and I want the position.
 - 3. Call to vote:
 - a. For: 29
 - b. Against: 0
 - c. Carol Ann is new Journal Rep.
- c. David W: Motion to elect copier.
 - i. Michael: Asked for description.
 - 1. Suzanne: Read description from IGSM.
 - ii. Oliver: I did it last and I would call Sherry to come to store to pay for the order because I never had the money. I never had to make more than 600 copies every 2-3 months.
 - iii. Sherry: Usually literature person will tell the copies what is needed. I have reimbursed or meet at Staples.
 - iv. Matt: This is just a copier position, not an editorial position?
 - 1. Suzanne: This person also updates IGSM.
 - v. Glenn S: What are responsibilities?
 - 1. Suzanne: IGSM, Addicted to Sex and Love 3 fold pamphlet, Newcomer Packets, and QotD that is handed out. Copier does these and we pay for these locally. They also update IGSM.
 - vi. David W: I nominate Chris.
 - 1. Chris declined.
 - vii. No volunteers or nominations. Bring back to meetings and get someone to take position at next IG.
 - viii. Diane: How much time does it take?
 - 1. Oliver: I didn't edit IGSM but as far as making copies go, I did 600 Newcomer Packets every 2-3 months. Staples will collate and staple for you.
 - ix. Diane volunteered for position.
 - 1. Seconded.

2. Qualifications: I have been in SLAA since April 2016 don't have 1 year. I love program and I'm committed and I want to give back, I go to 2 meetings/week and have commitments at both meetings and I have a sponsor and almost done with 4th Step.
- x. Glenn S: Motion to extend by 10 minutes.
 1. Amended to 5 minutes.
 2. Amended to as long as it takes to get voting done.
 - a. For: 25
 - b. Against: 0
 - c. Motion to extend carries.
- xi. Christina: Motion to waive 1 year requirement for copier.
 1. Seconded.
 2. Vote:
 - a. For: 27
 - b. Against: 0
 - c. Motion to waive 1 year in SLAA requirement passes.
- xii. Glenn F: In Alanon have you done any service on IG level?
 1. Diane: No but I have done treasurer, literature, and IG in SLAA. In Alanon I did all of those and some other meeting level commitments.
- xiii. Pros and Cons
 1. Carmen: PRO: I have seen her at meetings and Diane is anxious to jump in and be of service, she is doing her steps and has a sponsor.
 2. Matt: CON: It's a big job and updating IGSM means getting specific information correctly and seems like huge undertaking for someone who is new.
 3. Dave: PRO: I have been in meetings and I was at her first meeting, she steps up and she has been with a sponsor and is already on step 4 which shows dedication to program and I don't think she would take it if she didn't feel capable.
 4. Guy with beard: PRO: She seems like someone who is accountable, consistent, won't disappear.
 5. Kelly: PRO: I have been in Alanon with her for years and she is so responsible, she calls if she can't be there.
- xiv. Call to vote—seconded.
 1. For: 28
 2. Against: 0
 3. Diane is now our new copier.

10. Treasurer Final Report: from Sherry

- a. IG: \$1,115.78
- b. FWS: \$600.28
- c. Literature: \$1,200.58

11. "We" version of Serenity Prayer