

June 14, 2015

L.A. Intergroup SLAA—P.O. Box 945, Venice, CA 90294-0945

**Chris (secretary) called the meeting to order: 12:32 PM**

Serenity Prayer (“We” Version)

- Readings
- 12 Traditions
- Policies
- 30-Second
- Voting
- Timing
- Timer (Alexis) volunteered
- Attendee Introductions

**Officer Announcements (3 min each)**

**Chair Announcement**

Matt — welcomed new Intergroup Reps, and encouraged us to find the IG Service Manual here, at meetings, or online. Explained what we do at this meeting—how we donate, purchase literature, vote and conduct motions, etc.

**Intergroup Record Keeper**

Tia —Read the minutes from last month.

**VOTING MEMBERS PRESENT: 35. Minutes approved by a vote of 21.** Minutes are posted on the website for intergroup reps to use for meeting reporting.

**Bottom Line Announcement**

Matt — Standard announcement made.

Each meeting is entitled to 10 free copies each month, but may purchase an additional 10 for \$3. Money can be placed inside the mailing envelopes he passes around. On the envelopes, Reps. should write their home address for mailing, and on the bottom left corner, their meeting name/s and how many copies they need for each meeting.

Check off any meetings you represent on the clipboard he passes around. Reps. should make sure to write their names, phone numbers and which meetings they represent. If they have changes to what’s printed, they should just cross out the old info and write in the correct info. He needs this information to be written LEGIBLY on the clipboard, so please take care! There is a coding system Red/Yellow/Green. **Matt apologized to the group stating the template for the Bottom Line read “2014” and he will update accordingly.**

**Phone Line Announcement**

**Jennifer**

**There were 11 calls; three hangups and seven calls requesting general information including meetings location. An additional phone call pertaining to the Access Code for the Long Distance Sponsorship Committee Meeting was made. The person was unable to access the meeting given the information provided on the website. Jennifer requested that anyone involved in this committee speak to her afterward to assist in resolution.**

**Literature Announcement**

Shari (Suzanne & Riaz) —**Tuesday morning Farmer’s Market meeting literature was not picked up. Erica S volunteered to bring to meeting. Shari spoke to the process of ordering literature. She suggested that IG reps place all online orders before 9AM the day of the monthly meeting. Once submitted, you will receive a confirmation email. If one was not received, please submit your order again. Also, the Literature person needs to speak to Treasurer of their meeting as there is no option to pay for materials online. She also pointed out that in addition to the journal, which is \$4.00 a copy, we also sell articles from**

**the journal that have a specific 12-step focus which include withdrawal, healthy relationships and anorexia – all of which are \$5.00. Also, free Spanish pamphlets are available upon request.**

### **Mailbox Announcements**

Ronan — **Picked up the mail which included Focus on Spirituality meeting in Venice**

### **The Journal Announcement**

Lynda— Standard announcement made.

Question of the Day: **Character assets: describe your experience with character assets. Have the tools of the program helped you to develop your character assets? Deadline for submission is July 13.**

The Journal is the magazine of SLAA that gets published every other month. Linda is in charge. SLAA meetings and individual members can subscribe. You can contribute stories, poetry, artwork, and answers to the Question of the Day. For more info: [www.slaalosangeles.org/thejournal.htm](http://www.slaalosangeles.org/thejournal.htm) Four copies of the Journal are usually available for \$4 each at every other IG meeting, but must be ordered in person (they are not on the order form).

Journal Audiobooks are now also available on the FWS website ([www.slaafws.org](http://www.slaafws.org)). For an extra \$2.50, you can download the book as read by another SLAA Member.

An e-version (with color pictures) of the journal is now available! \$19 per year or \$30 for two-year subscription. She has subscription cards available at this meeting.

### **Website Announcement**

Tia (filling in for David W)— Standard announcement made.

The LA Intergroup website ([www.slaalosangeles.org](http://www.slaalosangeles.org)) is a great place to find information and resources for the recovering Sex and Love Addict. Current meeting, new meetings fliers, committee and ABM info. Journal Question of the day, other service information, literature, and fliers are all available. [www.slaafws.org](http://www.slaafws.org) also has more information available. If you would like to have flyers posted, are experiencing technical problems, or you need to update your information on the website (meeting locations, announcements of new meetings or workshops, events, projects, etc.), please send an email through the contact form at [slaalosangeles.org/contact/](http://slaalosangeles.org/contact/). There is also now a new/updated meetings form on the site. Intergroup reps confirm your meeting information is correct, especially on the meeting group page, which is downloadable and listed on the bottom lines. If it's not correct, please contact David with corrections.

**The SLAA website had 3,981 visits in May and about 23 emails, including 2 people requesting information. The Journal webpage was also updated.**

### **Workshops & Retreats Announcement**

Michael

Upcoming 2015 Workshops

- **July 18th – Signs of Recovery – fliers were passed out during meeting. Should you need more, please see Michael.**
- **September 19th –TBD**

Past Workshop

- March 21st- Back to Basics (Steps 1, 2, 3) – 65 attendees
- May 16th – Barriers to Recovery (Overcoming Shame/Guilt, Self-Hatred and Fear)

All information is available on website under “events”. Registration for the July 18th Workshop runs from 12:30 to 1:00pm and the Workshop itself runs from 1:00pm to 5:00pm. The fee for each

workshop is \$10 and will be collected at the door.

### **Treasurer Announcement**

Newell

**Quarterly reports will be posted online before next meeting.**

### **H&I Committee**

Trudie

**A memorandum on H&I was passed out. Trudie suggested that IG reps bring to their meetings as it explains the service structure for those interested in becoming part of this committee.**

### **Conference Committee Reports**

#### **Literature Committee**

Lisa

The Conference Literature Committee provides drafts to fellowship for comments and then review for approval at the ABM each year. You can join the conference call on monthly topics, give feedback, or even write a chapter. **The Committee is highlighting the mediation book. They are taking quotes from all conference approved literature and they're writing shares and affirmations about them. Lisa passed pages with topics to write on such topics as patience, progress and reality. She suggested they be passed around at meetings and any writings be returned to her next month.**

#### **Anorexia recovery tools.**

Calls for the new 12 & 12 are the second Monday of every month at 6 PM PST.

Dial-In: [\(209\) 255-1000](tel:(209)255-1000), Access Code: 138103#.

#### **Translation Committee**

Not present, no announcement made.

#### **Sponsorship Committee**

Not present, no announcement made.

#### **LA ABM/IRC Committee**

Madeline

**Madeline pointed out that the ABM meeting agenda is located online at <http://www.slaafws.org/abminfo> for members to review and for IG reps to bring to meetings should they so desire.**

#### **FWS ABM Delegates Announcement**

Madeline

**Madeline clarified that she is a two-year delegate (in her second year) and will be attending the ABM alongside Suzanne, Trudie and Kevin. Therefore, only an alternate delegate is needed at this time.**

#### **Old Business**

Gene, Suzanne & Lynda

**Suzanne explained the process of how the proposals were written. The committee**

discussed the purpose of the 30-seconds of silence along with acceptable and non-acceptable behaviors. Overeaters Anonymous (OA), Narcotics Anonymous (NA) and Roberts' Rules of Order guidelines were used to draft the following three proposals:

***Proposal 1 – (Read by Lynda) After the “30-seconds of silence” recitation we add the following language:***

**“if a member disrupts the 30-seconds of silence or continues to disrupt the orderly operation, a second time during the meeting, that member shall be subject to exclusion from one or more regularly scheduled subsequent meetings. If, after multiple exclusions, the conduct continues such that business cannot be conducted in an orderly fashion – the group, after a discussion on the member’s disruptive behaviors, elect a committee immediately, to come up with the next appropriate actions to address the member’s continued behaviors.**

**If any member verbally assaults or attacks another member, that member shall be subject to a three meeting exclusion after the first incidence and possible extended exclusion thereafter.**

**If any member physically confronts or threatens by gesture or language, harm to any other member, that conduct may result in permanent exclusion from intergroup business meetings and their meeting will be informed in order to replace their intergroup representative.**

***Proposal 2 – (Read by Gene) The secretary has the responsibility to maintain order and insure a productive business meeting. Therefore, the secretary has sole responsibility to call for a 30-seconds of silence. Also, if a second 30-seconds of silence does not remedy the disruptions, the secretary will call for a 5-minute break. This break will begin with a spiritual reminder and a 3-person serenity committee, chosen from volunteers at the start of the meeting, will meet outside the meeting with the disruptive individual – to hear their concerns and provide a gentle reminders of appropriate behaviors with the focus on principles before personalities. If the disruption continues, the secretary can call to close the business meeting immediately and the individual causing the disruption cannot attend the subsequent meeting.***

***Proposal 3 – (Read by Suzanne) As stated in the Robert’s Rules of Order, “All remarks must be directed to the Chair. Remarks must be courteous in language and deportment – avoid all personalities, never allude to others by name or to motives”. If a member or members violate this rule with disruptive behaviors or discourteous comments, a 30-seconds of silence will be called. If further behaviors continue to disrupt the meeting, a call for a group conscientious will be taken, following a discussion not to exceed 7-minutes, where motions for appropriate remedies are made to address the situation. Prior to this discussion, the secretary will give the disruptive individual or individuals the choice to step outside the meeting while this process completes, or remains silent during the discussion and vote.***

***A motion 28:0 was passed that proposals and ABM link be posted to the website via notes.***

***Therefore, all IG reps please review proposals for further discussion/voting at July's meeting. Also, for additional information on safety, please refer to the first motion of the ABM agenda at <http://www.slaafws.org/Conference/ABM2015/2015AgendaSecondVersion.pdf> per Madeline's suggestion.***

**Election of an ABM Delegate Chairperson: Carroll proposed that we have an "Ordered Succession" in place that allows the group to know the face of our future ABM delegate officers. He suggested that a Chairperson be responsible for gathering information for the whole of Los Angeles IG prior to the ABM, which would allow all members to actively participate in the process. He further proposed that the Chairperson write up meeting minutes, which will then be reported back to IG following the ABM. A friendly amendment was proposed by Madeline (and agreed upon by Carroll) that a Chairperson speak with IG about what is going to happen at the ABM and what our intentions are, then open the floor to anyone after the meeting to discuss what their individual group would like to see accomplished. Following the ABM meeting, the Chairperson would then distribute a written report so that information can successfully be brought back to individual meetings.**

**Although a motion of 18:9 was passed that we need an ABM Chairperson delegate (who will gather information prior to meeting and report back upon return), the actual election of said Chairperson was tabled until July's meeting.**

### **New Business**

The following business has been tabled due to time constraints until subsequent meeting(s):

- 1. Designate an ABM Delegate Coordinator (can be a delegate or not) to shepherd the delegates from beginning to end of the ABM process.**
- 2. Electing SLAA H&I positions:**
  - **Chairperson**
  - **Vice Chairperson**
  - **Facility Liaison**
  - **Intergroup Rep/Treasurer**
  - **Mail Coordinator**
  - **Meeting Secretaries**
  - **Panel Coordinator**
  - **Public Information Coordinator**
  - **Panel Leaders**
- 3. Create an Executive Committee – headed by Vice-Chair, includes IG Chair, Treasurer, Workshops & Retreats, H&I Chair, Public Information and Delegate Chair.**
- 4. Include summary of the IG meeting minutes in the Bottom Line.**
- 5. Create a Vice IG Chairperson – creates orderly succession, responsible for policy reviews and oversees Executive Committee.**
- 6. Create an Assistant Treasurer / Trainee position**
- 7. Election of a new Sponsorship Committee Conduit.**

**Meeting Adjourned: 1:50 PM**

**"We" Serenity Prayer to Close**