

May 17, 2015

L.A. Intergroup SLAA—P.O. Box 945, Venice, CA 90294-0945

**Matt (substituting for Chris) (secretary) called the meeting to order: 12:32 PM**

Serenity Prayer (“We” Version)

- Readings
- 12 Traditions
- Policies
- 30-Second
- Voting
- Timing
- Timer (Kevin) volunteered
- Attendee Introductions

### **Officer Announcements (3 min each)**

#### **Chair Announcement**

Matt — welcomed new Intergroup Reps, and encouraged us to find the IG Service Manual here, at meetings, or online. Explained what we do at this meeting—how we donate, purchase literature, vote and conduct motions, etc. **Matt requested that all reports are kept as brief as possible. Reminded all new IG Reps to consult your manual.**

#### **Intergroup Record Keeper**

Tia — Read the minutes from last month.

**VOTING MEMBERS PRESENT: 30. Minutes approved by a vote of 28.** Minutes are posted on the website for intergroup reps to use for meeting reporting.

#### **Bottom Line Announcement**

Matt — Standard announcement made.

Each meeting is entitled to 10 free copies each month, but may purchase an additional 10 for \$3. Money can be placed inside the mailing envelopes he passes around. On the envelopes, Reps. should write their home address for mailing, and on the bottom left corner, their meeting name/s and how many copies they need for each meeting. Check off any meetings you represent on the clipboard he passes around. Reps. should make sure to write their names, phone numbers and which meetings they represent. If they have changes to what’s printed, they should just cross out the old info and write in the correct info. He needs this information to be written LEGIBLY on the clipboard, so please take care! There is a coding system Red/Yellow/Green.

#### **Phone Line Announcement**

**Cathy filled in for Jennifer. Eight calls total were received in April. Two of which were hang-ups, the other general inquiries.**

#### **Literature Announcement**

Shari (Suzanne & Riaz) — **She has five copies of recent journal for \$5 each. There is one 2015 gratitude calendar available for \$5. Flyers are available at literature**

**table for the following: the upcoming IRC convention in Aug; the Big Book text being available in e-format; If you'd like to sign up for the FWS Quarterly newsletter, you can do so after the meeting as well.**

Shari is in need of bags, either plastic or paper, and asked the group for their help. Shari passed out flyers regarding SLAA textbook and journals are available on Kindle and e-book forms. Anyone who is starting a new meeting must register with FWS to get an ID, then a group starter kit can be ordered. It's \$85 worth of books for \$36; they also have books with a focus on anoxia for \$8.60. See Shari for more information.

### **Mailbox Announcements**

Dave — **Nothing to report.**

### **The Journal Announcement**

Linda—Standard announcement made.

Question of the Day: **Issue 154 “Ready for Sponsorship” went out to SLAA subscribers and the digital version is available for purchase at <http://www.slaafws.org/thejournal>.**

The Journal is the magazine of SLAA that gets published every other month. Linda is in charge. SLAA meetings and individual members can subscribe. You can contribute stories, poetry, artwork, and answers to the Question of the Day. For more info: [www.slaalosangeles.org/thejournal.htm](http://www.slaalosangeles.org/thejournal.htm)

Four copies of the Journal are usually available for \$4 each at every other IG meeting, but must be ordered in person (they are not on the order form).

Journal Audiobooks are now also available on the FWS website ([www.slaafws.org](http://www.slaafws.org)).

For an extra \$2.50, you can download the book as read by another SLAA Member.

An e-version (with color pictures) of the journal is now available! \$19 per year or \$30 for two-year subscription. She has subscription cards available at this meeting.

### **Website Announcement**

David—Standard announcement made.

The LA Intergroup website ([www.slaalosangeles.org](http://www.slaalosangeles.org)) is a great place to find information and resources for the recovering Sex and Love Addict. Current meeting, new meetings fliers, committee and ABM info. Journal Question of the day, other service information, literature, magazines, and fliers are all available. [FWS.org](http://FWS.org) also has more information available.

If you would like to have flyers posted, are experiencing technical problems, or you need to update your information on the website (meeting locations, announcements of new meetings or workshops, events, projects, etc.), please email [webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org). There is also now a New Meetings entry-form page on the site.

Intergroup reps confirm your meeting information is correct, especially on the meeting group page, which is downloadable and listed on the bottom lines. If it's not correct, please contact Dave with corrections.

**The SLAA website had 1,945 visits in April and about 8 emails, including 1 person requesting information. There was also a five-minute outage on 5/13.**

## **Workshops & Retreats Announcement**

Michael

Upcoming 2015 Workshops

- July 18th – Signs of Recovery
- September 19th –TBD

Past Workshop

- March 21st- Back to Basics (Steps 1, 2, 3) – 65 attendees
- **May 16th – Barriers to Recovery (Overcoming Shame/Guilt, Self-Hatred and Fear) – 82 attendees. Michael will bring flyers to next month's meeting for the July workshop – Signs of Recovery.**

All information is available on website under “events”. Registration for the July 18th Workshop runs from 12:30 to 1:00pm and the Workshop itself runs from 1:00pm to 5:00pm. The fee for each workshop is \$10 and will be collected at the door.

## **Treasurer Announcement**

Newell

**Quarterly summary will be available at next month's meeting.**

## **H&I Committee**

TBD

## **Conference Committee Reports**

### **Literature Committee**

Lisa

The Conference Literature Committee provides drafts to fellowship for comments and then review for approval at the ABM each year. You can join the conference call on monthly topics, give feedback, or even write a chapter. Completed six chapters. **Pat filled in for Lisa. Conference Literature Committee needs help. They need individuals to read draft literature or comment and write draft literature or participate in a conference call. Contact the CLC at [www.slaafws.org](http://www.slaafws.org).**

### **Anorexia recovery tools.**

Calls for the new 12 & 12 are the second Monday of every month at 6 PM PST. Dial-In: [\(209\) 255-1000](tel:(209)255-1000), Access Code: 138103#.

### **Translation Committee**

Not present, no announcement made.

### **Sponsorship Committee**

Cathy

**Still looking for (Male) Spanish speaking sponsors.**

### **LA ABM/IRC Committee**

Trudie

**On a conference level, male pen pals are needed for the Prison Outreach**

**Program. The responsibility is similar to sponsorship, although no sobriety is needed and anonymity is paramount.**

#### **FWS ABM Delegates Announcement**

Not present, no announcement made. **Report made last month.**

#### **Old Business**

**Linda reported on the updated language around the 30-seconds of silence policy. Suzanne, Gene and Linda met last month to discuss the issue and are still the process of devising a new policy and will update the group accordingly.**

#### **ABM Delegates Election:**

**Elections for (1) two-year delegate and (2) one-year ABM delegates were held. There was a group discussion about sobriety and bottom lines. A motion of 18:6 was passed to waive the ten (10) month sobriety requirement, allowing Kevin to become a delegate. Another motion regarding waiving Suzanne's sobriety was passed at 21:2, allowing her to serve her second year of her two-year commitment as an ABM delegate.**

**As it stands, Los Angeles now has 2 two-year delegates (Trudie and Suzanne – who are both serving their second year) and Kevin, who was elected 24:4, will be starting his two-year term.**

**Another motion to table additional ABM delegates elections until next month was passed 20:1.**

**Motion to create delegate chairperson was tabled until next month.**

#### **New Business**

**Due to time constraints, the following items were not discussed and tabled until subsequent meeting (s):**

- 1. Designate an ABM Delegate Coordinator (can be a delegate or not) to shepherd the delegates from beginning to end of the ABM process.**
- 2. Electing SLAA H&I positions:**
  - Chairperson**
  - Vice Chairperson**
  - Facility Liaison**
  - Intergroup Rep/Treasurer**
  - Mail Coordinator**
  - Meeting Secretaries**
  - Panel Coordinator**
  - Public Information Coordinator**
  - Panel Leaders**
- 3. Create an Executive Committee – headed by Vice-Chair, includes IG Chair, Treasurer, Workshops & Retreats, H&I Chair, Public Information and Delegate Chair.**
- 4. Include summary of the IG meeting minutes in the Bottom Line.**
- 5. Create a Vice IG Chairperson – creates orderly succession, responsible for**

- policy reviews and oversees Executive Committee.
6. Create an Assistant Treasurer / Trainee position
  7. Election of a new Sponsorship Committee Conduit.

**Motion to extend the meeting 10 minutes early failed 21:3.**

**Meeting Adjourned: 1:50 PM**  
"We" Serenity Prayer to Close