

**February/March
2018**

THE BOTTOM LINE



Running out of Bottom Lines?

Each meeting gets 10 free Bottom Lines monthly.

For only \$3 more your meeting can have an EXTRA 10 COPIES! Talk to your Intergroup Representative.

For information on phone and online nationwide and international meetings and to keep you connected to the SLAA fellowship:

SLAA Local
Los Angeles

www.slaalosangeles.org

P.O. Box 945
Venice CA 90294
(323) 957-4881

For general questions, email:
info@slaalosangeles.org

For Bottom Line requests, email:
thebottomline@slaalosangeles.org

For web site inquiries, email:
webmaster@slaalosangeles.org

SLAA National
San Antonio, TX

www.slaafws.org

Fellowship Wide Services
1550 NE Loop 410
Suite 118
San Antonio, TX 78209
(210) 828-7900
(210) 828-7922 fax

For general questions, email:
info@slaalosangeles.org

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thebottomline@slaalosangeles.org

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THE JOURNAL

Your meeting between meetings!

www.slaafws.org/thejournal.html



The Los Angeles SLAA Intergroup Presents:

Back To Basics

Steps 1, 2 & 3

A Half Day Workshop

When: Saturday, March 17th, 2018

1:00 PM to 5:00 PM

12:30 – 1:00PM Registration*

Where: [St. Basils Catholic Church](#)

McIntyre Hall

3611 Wilshire Blvd.

Los Angeles, CA 90005

Fee: \$10.00 at the door

Bring: Snacks / Water

* to avoid interrupting the program please arrive on time – if you do arrive after 1:00 PM, you are required to pay the registration fee immediately.

Your meeting between
meetings!

The Journal

Get it at:
slaafws.org/journalfreeissue

TELE MEETINGS --- 20 Meetings Scheduled at Various EST/GMT Times

Meetings are daily, see www.slaafws.org for a list of times. Please click on "Connection Information" for instructions on how to connect to the meetings and use this tool.

INSPIRATION LINE

Your 24/7 Sponsor: (215) 574-2120 (Pre-recorded message for listening and inspiration)

For any *last minute meeting time or location changes*, be sure to *email the webmaster* at webmaster@slaalosangeles.org AND leave a message on the phone line at (323) 957-4881.

**Last IG Meeting
January 14, 2018
45 Voting Members Present**

Chair Announcement:
Called the meeting to order, readings followed: We version of the Serenity Prayer/ 12 Traditions/Policy statements of 30 seconds of silence, voting policy and timing/ Introductions and donation announcements.

Record Keeper:
Last meeting minutes approved. By a vote of 45-0.

Meeting Registrar:
Please update contact numbers when signing in to IG meeting. Please change contact numbers if you are a new or temporary intergroup rep.

Phone Line:
A few calls last month. One call from share center requesting information about Spanish Speaking Meetings. Recommendation for meetings to call phone line with information regarding meeting schedules during holidays/emergencies.

Literature Announcement:
Reminder to place literature order on SLAA Los Angeles website at least 24 hour prior to intergroup. Also to pick up order between 11:55am-12:15pm.

Journal Rep:
New journal question available, entries encouraged. Looking for articles (500-2500 words) and looking for topic ideas for journals. Please encourage people to submit.

Workshops & Retreats
First Workshop:
3/17/18: Back To Basics.
Upcoming Workshops:
5/19/2018 – Life After Withdrawal
7/14/2018 – Signs of Recovery
9/15/2018 – Three ‘S’s’: Sponsorship, Steps and Service

Webmaster:
Available to display temporary closures (i.e. holidays / emergencies on website). Use webmaster email address or contact form on website. 9700 page reviews, 2968 unique users
Mail Clerk:
No Report.

Conference Lit. Committee:
Conference Call regarding draft of SLAA 12 and 12 upcoming January 15th, 2018.

Treasurer:
Retreat revenue was \$20,760, Expenses were \$18680. \$1353.91 donation to FWS from last quarters donations
IG and FWS Donations:
\$1500.45 + \$333.55
Literature: \$1517.55

Hospitals and Institutions:
Meeting today right after intergroup. Flyers next month.
Old Business:
Elections
Annual Business Meeting Reps:
1 year term: Litu
2 year Alt: Carol
1 year Alt: Christian
Bottom Line Editor: Matt B.

Meeting Adjourned: 1:33PM
“We” Serenity Prayer to Close meeting.

Next IG meeting is February 11, 2018 at 12:15 PM PT.

**SLAA Los Angeles
INTERGROUP OFFICERS**

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Literature Committee/CLC Conduit - Lynda
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SLAA LOS ANGELES MEETING LIST

(Last Updated on 02-07-2018)

To be listed here, a meeting must send a representative to two Intergroup Meetings in a row and check in with the Meeting Registrar. Send permanent meeting changes to the Meeting Registrar at registrar@slaalosangeles.org. Send temporary meeting changes to the webmaster at webmaster@slaalosangeles.org.

TIME	CITY	LOCATION	NAME	CODE
SUNDAY				
8:30AM	Los Angeles	Against the Stream 4300 Melrose Ave. Los Angeles, CA 90029 (2 blocks west of Vermont on the South Side of Melrose, exactly across the street from Berendo St. Street Parking Only.)	"Focus on Spirituality" (10 min Meditation)	SP/H/9
9:30AM	Culver City	Share Center, 6666 Green Valley Circle, 90230 (in Serenity room). (Meeting ends at 10:50am or when everyone has shared.)	"Focus on Love Addiction" (Everyone shares)	9/L
10:30 AM	West Hollywood	West Hollywood Recovery Center. 626 N. Robertson, 90069 (Focus on the 11th step with 10-minute meditation) **NOTE: NEW LOCATION ON ROBERTSON; MELROSE LOCATION WAS TEMPORARY	"Serenity On Sunday"	9/SP
12:00PM	Los Angeles	Rio de Los Angeles State Park State Recreation Area, 1900 N. San Fernando Road, 90065. (Cross street is Macon. Drive into parking lot. Building is to the right, at end of parking lot.) (Usually 2nd Sunday of the month - check Website homepage for next meeting date)	Intergroup Business Meeting	IG/H
1:00PM	Atwater Village	Pathfinders Club, 3367 Glendale Blvd., 90039 (West Side of the street between Boyce and Revere. Parking at facility and on side streets.)	"Cyber Sober Sundays" – Men's Stag	1/M
4:00PM	Woodland Hills	Presbyterian Church, 5751 Platt Ave., 91367 (through double doors upstairs)	Step Study / Speaker	C/S/SP/K
4:00PM	West LA	Hope Center 11313 Washington Blvd. 90066 (Between Sawtelle and Albright, parking on Washington Blvd.)	Newcomers Meeting	N/SP/K/9
5:00PM	Hollywood	Van Ness Recovery House, 1919 N. Beachwood Dr., 90068 (living room)	"Breaking Through the Chains of Anorexia"	A/H/C
7:30PM	Brentwood	Village Lutheran Church, 343 S. Church Lane, 90049 (runs parallel to and is west of the 405 Fwy. Enter through side door, left of front door)	Women's Stag	W/SP/C
7:30PM	Los Feliz	Kaiser Hospital, 1515 N. Vermont, 90027 (Enter parking garage on Sunset Blvd. Meetings held in the Conference Center, located in the SE corner of the parking garage. Paid parking in garage. Meter and free parking on side streets.)	Step Study (Free S.L.A.A. pamphlets)	C/S/H
MONDAY				
7:30 AM	Los Angeles	8000 Sunset Strip, 90046 (8000 Sunset Community Room, 1st Floor Garage, through the brown double doors. The meeting alternates weekly between literature and leader shares. Anorexia focus, but all who identify with SLAA are welcome.)	Meeting focuses on Anorexia Characteristics and Recovery.	SP/H/B/A
7:30AM	Sherman Oaks	Church of the Chimes, 14115 Magnolia Blvd, Sherman Oaks, CA 91423 (Northwest corner of Hazeltine and Magnolia Blvd. Park in Lot)	"Intrigue and the Workplace"	1/SP/L
8:40AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd Floor, Community Room by the clock tower)	"TGIM! – Thank God It's Monday"	1/H/SP
10:00 AM	Atwater	Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere, parking at facility and on side streets)	Women's Stag; Weekend Check - In & Top Line Behavior	1/W/H
12:00PM	Brentwood	Village Lutheran, 343 Church Lane, 90049, (Church Lane runs parallel west of 405 fwy, enter on Farlin Street north side)	1 Hour Meeting	L/1/C
6:00PM	Hollywood	St. Thomas the Apostle Parish, 7501 Hollywood Blvd., 90028 (park in 2nd lot on Gardner, north of the Church)	"Everyone Shares"	C/N/H/S/P
7:00PM	Santa Monica	The Christian Institute of Spiritual Science, 1308 2nd St., 90401 (park at Arizona & 2nd Street in lot with white picket fence, honk to get in – meeting does not meet during holidays)	"Falling in Love with the Steps"	S/SP/9
7:30PM	Glendale	Chevy Chase Baptist Church, 1209 E Garfield Ave., 91205 (at Chevy Chase Dr.)	Step Study (Speaker on 3rd Mon.), Women's Meeting	W/S/SP/C/1
8:00PM	Los Feliz	MCC Founders Church, 4607 Prospect Avenue, 90027 (meeting in Basement, enter building through side doors on Rodney Dr. and go downstairs) *** NEW MEETING LOCATION ***	"Top Line Behavior"	SP/H
TUESDAY				
7:30AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd floor, Community room next to the clock tower)	"Keeping Current"	1/SP/H
9:00AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd Floor, Community room by the clock tower)	"Second Chances" (12 & 12 Study)	1/SP/H/L
10:00AM	Atwater Village	Pathfinders Alano Club, 3367 Glendale Blvd. Los Angeles, CA 90039 (West side of the street. On ground level thru courtyard. Street parking.)	Fantasy & Intrigue - Women's Stag	1/C/W
6:00PM	Ventura	Bible Fellowship Church 6950 Ralston St, 93003 (Park in Johnson St. Parking Lot, Building 300 on Right. First Room on Left, #302)	"Keeping Current"	H/K/9
6:30PM	Manhattan Beach	Manhattan Beach Community Church, 303 S Peck Ave, Manhattan Beach, CA 90266 (In the "Upper Room" above the Community Center. We will try to have signs & greeter.)	"Yoga & Meditation"	N/K/H/9
6:30PM	La Verne	First Baptist Church, 2415 6th St., La Verne CA 91750 *** MEETING NEEDS SUPPORT ***	"Women's Commitment to Recovery"	W/L/S/C
7:00PM	Sherman Oaks	Church of the Chimes, 14115 Magnolia Blvd, Sherman Oaks, CA 91423 (Northwest corner of Hazeltine and Magnolia Blvd. Park in Lot. Meeting in Little Red Chapel)	Literature Study / Getting Current	1/L
7:00PM	Long Beach	St. Luke's Lutheran Church, 5633 E. Wardlow Road, Long Beach, CA 90808	Book Study	H/B/C/K/L
7:30PM	Santa Monica	The Christian Institute of Spiritual Science, 1308 2nd St., 90401 (park at Arizona & 2nd Street in lot with white picket fence, honk to get in)	"Focus on Solutions"	K/SP/C
7:30PM	Pasadena	Neighborhood Church, 301 N. Orange Grove Blvd., 91103 (Room 25)	Book Study, Meditation	H/L/B/N/SP/C/K
7:45PM	Los Feliz	4607 Prospect Ave., 90027 (Enter on Prospect, upstairs at the far right side of the courtyard.)	"Sexual, Social and Emotional Anorexia"	AL/SP
WEDNESDAY				
7:30AM	Sherman Oaks	Congregational Church of the Chimes, 14115 Magnolia Blvd., 91423 (Northwest corner of Hazeltine and Magnolia Blvd. Park in Lot) *** MEETING NEEDS SUPPORT ***	"Morning Meditation"	1/C/SP
8:30 AM	Los Angeles	National Council of Jewish Women, 543 N Fairfax Ave. Los Angeles, CA 90036 (Free parking in lot adjacent. Enter from alley off Clinton behind NCJW. Buzz at the gate to be assigned parking.)	"Focus on Building and Maintaining Healthy Relationships"	1/H/SP/B
10:00AM	Silverlake	Cafe Tropical, 2900 Sunset Blvd, 90026 (Back Room)	"Willingness & Surrender"	SP
5:30 PM	West Hollywood	Farmer's Market, 6333 W 3rd St at Fairfax, 90036 (2nd Fl Community Rm by clock tower)	"Fantasy Island – Everyone Shares – Mens' Stag"	C/M
5:30 PM	Santa Monica	2500 Broadway, Santa Monica (in the community room) ***NOTE! This used to be the 7:15pm meeting at Crossroads!! NEW TIME AND LOCATION!!!	"Building Healthy Relationships One Relationship at a Time"	1/C/SP/L

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WEDNESDAY Cont'				
6:00PM	Long Beach	Atlantic Alano Club, 600 1/2 Redondo Ave, Second Floor, 90814	"Healing Hearts: Focus on Love Addiction" – Womens Stag	W/H/C/K/9
6:30PM	Santa Monica	Crossroads School, 1745 21st Street, Santa Monica, 90404 (Enter thru security gate on 21st & Michigan, 3rd floor, Hurston Room)	"Focus on Sex Addiction" – Women's Stag	1/W/SP/C
7:00 PM	West Hollywood	Fairfax Senior Center 7929 Melrose Ave LA Ca 90046	Men's Stag Mtg.	M/1/H
7:30PM	Sherman Oaks	First Presbyterian Church, 4445 Noble Ave, 91403	Newcomer Meeting	B/K/H/N/SP
7:30PM	Malibu	SOBA Recovery Center, 22669 Pacific Coast Highway (just east of Sweetwater Canyon Dr.), 90265 (Meeting in SOBA Clubhouse, parking available in lot just east/south of SOBA) *** MEETING NEEDS SUPPORT ***	"Stepping Into Action"	C/S/SP/9
8:30PM	Atwater Village	Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere Ave., parking on Glendale Blvd and on side streets)	"Wednesday Meditation"	1/C/H
THURSDAY				
7:30AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd flr, Community room next to the clock tower)	Book Study	C/K/H/1/L
12:00PM	North Hollywood	MCC in the Valley, 5730 Cahuenga Blvd., North Hollywood, 91601 (Back room in patio, parking available in church lot and on street)	"One Day at a Time"	N/S/1
6:00PM	Santa Monica	Crossroads School, 1745 21st Street Santa Monica 90404 (3rd Floor, Steinbeck Room)	"Courtship: From Fantasy To Reality"	C/9
6:15 PM	Hollywood	The Village, 1125 N. McCadden Pl, 90038 (Room 139)	"Focus on Sex Addiction"	1/C/K/H
7:30 PM	Long Beach	Gloria Dei Lutheran Church, 5872 E. Naples Plaza, Long Beach, CA 90803 **Parking is on the side of the church beyond the white cross or behind the church.	Top Lines/Step Study/Literature	9
7:45PM	Glendale	Chevy Chase Baptist Church, 1209 E. Garfield Ave, Glendale, CA 91205	"Acceptance and Gratitude" – Women's Meeting	W/SP/1
8:00PM	Santa Monica	Crossroads School, 1745 21st St, 90404 (3rd Floor, Steinbeck Room)	Everyone Shares, Candlelight (10 min meditation)	K/9
FRIDAY				
7:30AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd floor, Community room next to the clock tower)	"Focus on Healthy Sexuality" – Women's Stag	1/W/K/S/P/B/L
7:30 AM	Los Angeles	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd floor DINING AREA) *** NOTE NEW TIME AND LOCATION***Now Men's Stag ***	Finding the one... YOU! Self-love & Identity in Recovery	1/M
10:00 AM	Atwater Village	Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere, parking at facility and on side streets)	Women's Mtg Focus On Self Value	W/1/SP
12:30PM	Santa Monica	Memorial Park, 1401 Olympic Blvd, 90404 (West of the gym, off 14th St. in the first brick building) *** NEW MEETING LOCATION ***	1 Hour Meeting	SP/L/S/1/H
6:00 PM	Silverlake	AT Center, 1773 Griffith Park Blvd., 90026	Lesbian Love Addiction: Our Healthy Boundaries, Intimacy, & Relationships	9/C/W/S/P/S/B/L
6:30 PM	Santa Monica	April – Sept. We meet on the beach left of the volleyball nets, 810 Pacific Coast Hwy. Pay to park there or park free and take the stairs from Ocean Ave at Montana. Raining? Join us instead for fellowship at Kreation Kafe, 1023 Montana Ave.	11th Step By The Sea	SP/C/1
6:30PM	West LA	11313 Washington Blvd, 90066 (between Sawtelle and Albright, parking on Washington Blvd.)	Step Study & Discussion – Men's Stag	M/L
6:30PM	Los Feliz	Kaiser Hospital, 1515 N. Vermont, 90027 (Enter parking garage on Sunset Blvd. Meetings held in the Conference Center, located in the SE corner of the parking garage. Paid parking in garage. Meter and free parking on side streets.)	Men's Stag	M/H/SP
7:30PM	West LA	** NOTE NEW LOCATION** Presbyterian Church at 11269 Washington Blvd, 90230; parking behind the Church, and please enter through the rear (north side of the church) (2 blocks east of original meeting site.) ***MEETING NEEDS SUPPORT***	"Solutions in Withdrawal"	SP/B/9
8:30PM	Atwater Village	Pathfinder's Alano Club, 3367 Glendale Blvd., 90039 (W side of street between Boyce and Revere, parking on side streets) (1st wk: 10 min meditation, 2nd/4th wk: step study, 3rd wk: chips given)	"Stepping into Recovery" – Women's Stag	W/H/SP/S/K
SATURDAY				
8:45 - 11 AM	Downtown LA	County Jail (**RESTRICTED ACCESS; CLEARANCE NEEDED**--Contact H&I for more info)	SLAA Meetings In Jail	B/N
9:30AM	North Hollywood	MCC in the Valley, 5730 Cahuenga Blvd., North Hollywood, 91601 (Meeting in Main room in Church, parking available in Church Lot and on the Street)	"Fantasy & Romantic Intrigue"	SP/C/H
10:00AM	Santa Monica	Douglas Park Building, 2439 Wilshire Blvd., 90403	"Artists in Recovery"	SP/H
10:00 AM	Atwater Village	Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere, parking at facility and on side streets)	"Sober Sex"	1/C/W/H
11:00AM	West Hollywood	West Hollywood Recovery Center, 626 N Robertson Blvd, West Hollywood, CA 90069 **PLEASE NOTE MEETING HAS RETURNED TO ORIGINAL LOCATION ON ROBERTSON; MELROSE LOCATION WAS TEMPORARY DUE TO A WHRC REMODEL	"Tools of Recovery" – Newcomers Meeting	N/SP/L/H
4:30PM	Atwater Village	Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere, parking at facility and on side streets)	"Healthy Relationships – Focus on Sober Dating"	C/S/H/1
5:00 PM	Santa Monica	Crossroads School 1714 21st St. (Olympic Blvd & 21st) Santa Monica in the Hurston Room upstairs (air conditioned) *** NEW MEETING ***	"Gratitude + Steps 1,2,3"	9/L/S/SP/B
6:00PM	Los Feliz	Kaiser Hospital, 1515 N. Vermont, 90027 (Enter parking garage on Sunset Blvd. Meetings held in the Conference Center, located in the SE corner of the parking garage. Paid parking in garage. Meter and free parking on side streets.) *** MEETING NEEDS SUPPORT ***	"Signs of Recovery"	SP/H/9/K
6:00 PM	Atwater Village	Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere, parking at facility and on side streets)	Musician's Meeting	1
6:30PM	Sherman Oaks	Sherman Oaks Hospital, Circle of Care Meeting Room, 4929 Van Nuys Blvd., 91403. (free parking in the structure, get a name tag from the guard, use your first name)	"Getting Sober, Staying Sober"	1/SP/H/C

B – Book Study K – Chips Given L – Literature Reading S – Step Study SP – Speaker Meeting N – Newcomers Focus A – Anorexia Focus 1 – One Hour 9 – 90 Minutes W – Women only M – Men only IG – Intergroup H – Handicap Access C – Closed (Identified Sex & Love Addicts only)