

July/August
2017

THE BOTTOM LINE



Running out of Bottom Lines?

Each meeting gets 10 free Bottom Lines monthly. For only \$3 more your meeting can have an EXTRA 10 COPIES! Talk to your Intergroup Representative.

For information on phone and online nationwide and international meetings and to keep you connected to the SLAA fellowship:

SLAA Local Los Angeles

www.slaalosangeles.org

P.O. Box 945
Venice CA 90294
(323) 957-4881

For general questions, email:
info@slaalosangeles.org

For Bottom Line requests, email:
thebottomline@slaalosangeles.org

For web site inquiries, email:
webmaster@slaalosangeles.org

SLAA National San Antonio, TX

www.slaafws.org
Fellowship Wide Services
1550 NE Loop 410
Suite 118
San Antonio, TX 78209
(210) 828-7900
(210) 828-7922 fax

For general questions, email:
<http://www.slaafws.org/contact>

There are many ways to pray, and each of us has a style that uniquely expresses our spirituality. Once we open ourselves to our Higher Power, we can get comfortable with our own way of praying. It may mean leaving past ways behind. Maybe we've been used to prayer that relied only on words. Perhaps we used to pray for what we wanted, making sure we told God precisely what was best for us and everybody else. Or maybe we didn't pray at all because we didn't know how to or were afraid.

We need not worry about *how* to pray; our Higher Power shows us how. We must, however, be willing to move from the everyday world, to a place where it is just our Higher Power and us. It is an exciting part of our spiritual journey to develop new ways to pray, trusting our relationship with our Higher Power to deepen the experience. What matters is that we give ourselves to it. When our prayer is from the heart, we know it and are at peace.

Prayer is another word for "conscious contact with God as we understood it," which is important to my recovery. I'll take time today to pray.

- Excerpt from Answers in the Heart. A book of meditations for Sex and Love Addicts.

Your meeting between meetings!

THE JOURNAL

Get it at:

slaafws.org/journalfreeissue

Telemeetings

20 Meetings Scheduled at Various EST/GMT Times

Meetings are daily, see slaafws.org/telephonemeetings for a list of times.

Inspiration Line

Your 24/7 Sponsor: (215) 574-2120 (Pre-recorded message for listening and inspiration)

For any *last minute meeting time or location changes*, be sure to *email the webmaster* at webmaster@slaalosangeles.org **AND** leave a message on the phone line at (323) 957-4881.

Last IG Meeting
 June 11th, 2017
 38 Voting Members Present

See July minutes on website .
 SLAALOSANGELES.ORG

(Next IG meeting to be held on **August 13h 2017**, @ 12:00 noon 1900 San
 Fernando Rd.
 Rio De Los Angeles Park 90065)

Outreach Phone List - Women

Name	Number	Hours/ Comments
Karma	(818) 326-1751	anytime
Megan	(917) 721-6583	
Shelli	(323) 384-3476	9am - 9pm

Outreach Phone List - Men

Name	Number	Comments
Ron	(323) 467-3868	8am-8pm
Samuel	(760) 275-7874	Espanol

New Meetings

10:00 AM
 Atwater Village
 Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere, parking at facility and on side streets)
 "Sober Sex Saturday" – Focus on Sex Addiction – Women's Stag

6:00 PM
 Atwater Village
 Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere, parking at facility and on side streets.
 10 minutes of meditation. Top lines. Everybody shares. A place for sexually sober musicians to support one another, but all are welcome.
 "Musicians Meditation and Top Lines Meeting" (all welcome)

Too much has happened in my sober life to share it all here. I feel that I have experienced so much - and only a little. Many of the lessons have been humbling, and I have not always lived through the pain of living and dealing with life's problems with either courage or acceptance. But I have lived through them sexually sober. I've learned to live in partnership with God, to practice humility in the Fellowship of SLAA, to embrace dignity of self and the value of wholeness and honesty in human relationships. I have learned to love solitude, and to value companionship. I have learned to be watchful for the subtle addictive patterns that I can slip into so easily. I have come to feel part of the Fellowship, part of humanity, part of the world, part of God. What is my experience? I had a life sentence to a hopeless search. I did not know why I should go on living such a painful life. An SLAA member brought me the message - and I was released into hope. I'm still there, one day at a time.

- Excerpt from *Release Unto Hope* a chapter from **Sex and Love Addicts Anonymous** 1st Edition.

**SLAA Los Angeles
 INTERGROUP OFFICERS**

Secretary - SuzAnne
secretary@slaalosangeles.org

Record Keeper - Lituo
recordkeeper@slaalosangeles.org

Literature Admin - Kevin & Nik
literature@slaalosangeles.org

Treasurer & Asst. - Shari & Dave G.
treasurer@slaalosangeles.org

SLAA Webmaster - David & Keith
webmaster@slaalosangeles.org

Phone Line - Lynda
phoneline@slaalosangeles.org

Retreats and Workshops - Chris
workshops@slaalosangeles.org

B.L. Editor & Asst. Matt & Christina
thebottomline@slaalosangeles.org

ABM - Glen F., Glenn S., Michael, Tia
delegates@slaalosangeles.org

Mail Clerk - Carmen
mailclerk@slaalosangeles.org

Information - David W.
info@slaalosangeles.org

Journal Rep - Carol Ann V.
journal@slaalosangeles.org

Lit. Committee/CLC Conduit - Lisa
literature@slaalosangeles.org