

January  
2017

# THE BOTTOM LINE



## Running out of Bottom Lines?

Each meeting gets 10 free Bottom Lines monthly.

For only \$3 more your meeting can have an EXTRA 10 COPIES! Talk to your Intergroup Representative.

For information on phone and online nationwide and international meetings and to keep you connected to the SLAA fellowship:

### ***SLAA Local Los Angeles***

[www.slaalosangeles.org](http://www.slaalosangeles.org)

P.O. Box 945  
Venice CA 90294  
(323) 957-4881

For general questions, email:  
[info@slaalosangeles.org](mailto:info@slaalosangeles.org)

For Bottom Line requests, email:  
[thebottomline@slaalosangeles.org](mailto:thebottomline@slaalosangeles.org)

For web site inquiries, email:  
[webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org)

### ***SLAA National San Antonio, TX***

[www.slaafws.org](http://www.slaafws.org)

Fellowship Wide Services  
1550 NE Loop 410  
Suite 118  
San Antonio, TX 78209  
(210) 828-7900  
(210) 828-7922 fax

For general questions, email:  
[info@slaalosangeles.org](mailto:info@slaalosangeles.org)

For Bottom Line requests, email:  
[thebottomline@slaalosangeles.org](mailto:thebottomline@slaalosangeles.org)

For web site inquiries, email:  
[webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org)

## THE JOURNAL

Your meeting between meetings!

[www.slaafws.org/thejournal.html](http://www.slaafws.org/thejournal.html)

## Online S.L.A.A. Meetings

There is an S.L.A.A. website for online meetings, <http://slaaonline.org>, which uses Internet Relay Chat (IRC) to hold meetings in a chat room.

If this is a more viable option for you than face-to-face or telephone meetings, here are some tips to help you get started quickly.

A good starting point is browsing the information at <http://www.slaaonline.org/faq/>, <http://www.slaaonline.org/guidelines/> and <http://www.slaaonline.org/announce/>. For more detailed technical information, see <http://www.slaaonline.org/irc/>.

If you haven't used IRC (or other online chat) before, there will probably be a lot that seems confusing. Don't worry, just try to be patient and polite. Just remember that this is an SLAA meeting, and we are all here to help each other.

The fastest way to get to an online meeting is to check the meeting times at <http://www.slaaonline.org/times/> and follow the steps below.

1. Click [this link](#) to open a chat window.
2. Enter Nick(name).
3. Click "Go"

## Los Angeles Social Committee Events

The Social Committee is Planning Monthly Social Events for the Los Angeles Fellowship. For more information visit [their Website](#) or Contact [slaasocialevents@gmail.com](mailto:slaasocialevents@gmail.com)

\*\*\* Note: These Events are NOT Officially Sponsored by S.L.A.A. Los Angeles Intergroup \*\*\*  
\*\*\* S.L.A.A. is NOT Responsible for Any Mishaps or Injuries \*\*\*  
\*\*\* Attend at Your Own Risk \*\*\*

### NEW MEETINGS

**Monday:** 10:00 AM Atwater Village – Pathfinders Alano Club (3367 Glendale Blvd., Atwater Village, CA 90039. Morning debrief and top line goal setting/ Women's stag.

**Tuesday:** 7:30 AM/West Hollywood – Farmer's Market, 6333 W. 3<sup>rd</sup> St., LA, CA 90036 (Corner of 3<sup>rd</sup> & Fairfax, upstairs in Courtyard.)

10:00 AM/ Atwater Village – Pathfinders Alano Club, 3367 Glendale Blvd., LA, CA 90039 (West side of the street. On ground level thru courtyard. Street parking. Women's stag meeting)

**Wednesday:** 5:15 PM/Palm Desert – Christ Chapel of the Desert, 73441 Fred Waring Drive (at San Pablo Ave), 92260 (Meeting located in back corner of rose garden courtyard, first door to the right of the Alanon office, direct access to courtyard from parking lot, access to parking lot on Fred Waring)

**Friday:** 10 AM Atwater Village – Pathfinders Alano Club (3367 Glendale Blvd., Atwater Village, CA 90039.) Women's stag/Self Value.

### INSPIRATION LINE

Your 24/7 Sponsor: (215) 574-2120 (Pre-recorded message for listening and inspiration)

For any *last minute meeting time or location changes*, be sure to *email the webmaster* at [webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org) AND leave a message on the phone line at (323) 957-4881.

Last IG Meeting December 11, 2016  
**34 Voting Members Present**

**Chair Announcement:**

Gene called the meeting to order, readings followed: We version of the Serenity Prayer/ 12 Traditions/Policy statements of 30 seconds of silence, voting policy and timing/ Introductions and donation announcements.

**Record Keeper:**

Last meeting minutes approved.

**Bottom Line Announcement:**

Standard announcement made.

**Phone Line:** 10 calls from 3 people.

**Copier:** Printed Question of the Day (QOTD).

**Literature Announcement:**

Distributed Service Manuals.

**Mailbox Announcement:** Received mail for unknown person and will return to sender.

**The Journal Announcement:**

Standard announcement made. New question: Describe your process of letting go of strong desires or important outcomes. Please announce the topic and ask people to contribute in meetings. Journal calendars for 2017 are now available. Calendar comes free with new subscriptions for journal and e-journal. Single issue journals on Top Line Behavior available for \$4 For more info:

[www.slaalosangeles.org/thejournal.htm](http://www.slaalosangeles.org/thejournal.htm)

**Treasurer Announcement:**

Standard announcement made; Today's tally: After expenses collected \$2,185.01. Waiting for final tally of profit for annual retreat.

**Website Announcement:**

Please submit your flyers and info about meetings, events, etc. via email to [webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org). 1324 visitors; 15 emails; There is also now a New Meeting entry-form page on the site Intergroup reps to verify all meeting info. Is correct 20<sup>th</sup> annual spiritual renewal & recovery retreat online. Pass for around for new service positions for 2017.

**Workshops & Retreats:**

Retreat from December 29-January 1. Half-day marathon meetings on Christmas and New Years Day. Flyers passed out.

**H & I Committee:**

Committee meeting changed to same location as intergroup and starting after Intergroup. The room is available for the next three months until 3:30 pm. Committee needs people to be of service. Get announcements to the meetings, trying to get back up and running.

**ABM Delegates**

Sponsorship Committee: Sponsorship in statis as to how to proceed, working on a new model to bring sponsorship to meetings and people around the world. Glenn F. voted to remain conduit.

**Translation Committee:**

Please ask in meetings if there is anyone willing to work on the Spanish language version of the S.L.A.A. Basic Text.

**CHRC:** Healthy Relationships #027 is looking much bigger than what was presented at ABM. Looking to par it down.

FWS ABM Delegates informed I.G. that ABM for 2017 will be held in Framingham, MA due to cost saving and a week earlier (last week of July 25-28).

Two-year term delegates voted in: Tia R. and Michael K.

One-year term delegate voted in: Jessica

Lisa C. was nominated as new Literature Committee conduit.

Rachel, the new literature copier will update the Intergroup Service Manual.

Old Business: Newell not present, so motion was tabled.

**New Meetings announced: --** 8:30 am Sunday meeting going to be held on both Christmas and New Year's Day.

-Saturday night 6 pm Kaiser meeting needs commitments filled.

-1<sup>st</sup> Saturday of January the Social Committee will meet at Baja Fresh in Burbank.

-Any meetings going to be cancelled for the holidays to let the Webmaster know.

**Meeting Adjourned:** 1:44 PM "We" Serenity Prayer to Close meeting.

**Next IG meeting is January 8, 2017 at 12:15 PM PT.**

**SLAA Los Angeles INTERGROUP OFFICERS**

Secretary – Suzanne  
[secretary@slaalosangeles.org](mailto:secretary@slaalosangeles.org)

Record Keeper - Lituo  
[recordkeeper@slaalosangeles.org](mailto:recordkeeper@slaalosangeles.org)

Literature Admin. – Kevin & Nik -  
[literature@slaalosangeles.org](mailto:literature@slaalosangeles.org)

Treasurer & Asst.– Shari & Dave -  
[treasurer@slaalosangeles.org](mailto:treasurer@slaalosangeles.org)

SLAA Webmaster Admin. - David. & Keith  
[webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org)

Phone Line – Lynda  
[phoneline@slaalosangeles.org](mailto:phoneline@slaalosangeles.org)

Retreats and Workshops – Chris  
[workshops@slaalosangeles.org](mailto:workshops@slaalosangeles.org)

Bottom Line Editor - Matt. & Christina-  
[thebottomline@slaalosangeles.org](mailto:thebottomline@slaalosangeles.org)

ABM – Glenn S., Glenn F., Michael K. & Tia R.  
[delegates@slaalosangeles.org](mailto:delegates@slaalosangeles.org)

Mail Clerk – Lynda L.  
[mailclerk@slaalosangeles.org](mailto:mailclerk@slaalosangeles.org)

Information - David W.  
[info@slaalosangeles.org](mailto:info@slaalosangeles.org)

Journal Rep. – Andrea  
[journal@slaalosangeles.org](mailto:journal@slaalosangeles.org)

Literature Committee/CLC Conduit - Lisa  
[literature@slaalosangeles.org](mailto:literature@slaalosangeles.org)

CLC Conduit -  
[Aclcc conduit@slaalosangeles.org](mailto:Aclcc conduit@slaalosangeles.org)

**Outreach Phone List – Women**

Name	Number	Comments
Karma	(818) 326-1751	Anytime
Megan	(917) 721-6583	
Shelli	(323) 384-3476	9am - 9pm

**Outreach Phone List – Men**

Name	Number	Comments
Ron	(323) 467-3868	8am – 8pm
Samuel	(760) 275-7874	Espanol

**SLAA LOS ANGELES MEETING LIST**

To be listed on the SLAA Los Angeles meeting list, Intergroup representatives must come to two Intergroup Meetings in a row and announce the meeting's existence.  
 Email permanent meeting information changes to the Bottom Line editor at [thebottomline@slaalosangeles.org](mailto:thebottomline@slaalosangeles.org).  
 For temporary meeting time or location changes, email the webmaster at [webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org) AND leave a message on the phone line at (323) 957-4881.

TIME	CITY	LOCATION	COMMENTS	CODE
<b>SUNDAY</b>				
8:30AM	Los Angeles	Against the Stream 4300 Melrose Ave, Los Angeles, CA 90029 (2 blocks west of Vermont on the South Side of Melrose, exactly across the street from Berendo St. Street Parking Only.)	"Focus on Spirituality" (10 min Meditation)	SP/H/9
9:30AM	Culver City	Share Center, 6666 Green Valley Circle, 90230 (in Serenity room).	"Focus on Love Addiction" (Everyone shares)	9/L
12:00PM	Los Angeles	Rio de Los Angeles State Park State Recreation Area, 1900 N. San Fernando Road, 90065. (Cross street is Macon. Drive into parking lot. Building is to the right, at end of parking lot.) (Usually 2nd Sunday of the month - check Website homepage for next meeting date)	Intergroup Business Meeting	IG/H
1:00PM	Atwater Village	Pathfinders Club, 3367 Glendale Blvd., 90039 (West Side of the street between Boyce and Revere. Parking at facility and on side streets.)	"Cyber Sober Sundays" – Men's Stag	1/M
4:00PM	Woodland Hills	Presbyterian Church, 5751 Platt Ave., 91367 (through double doors upstairs)	Step Study / Speaker	C/S/SP/K
4:00PM	West LA	Hope Center 11313 Washington Blvd. 90066 (Between Sawtelle and Albright, parking on Washington Blvd.)	Newcomers Meeting	N/SP/K
5:00PM	Hollywood	Van Ness Recovery House, 1919 N. Beachwood Dr., 90068 (living room)	"Breaking Through the Chains of Anorexia"	A/H/C
7:30PM	Brentwood	Village Lutheran Church, 343 S. Church Lane, 90049 (runs parallel to and is west of the 405 Fwy.) Women's Meeting	Women's Stag	W/SP/C
7:30PM	Los Feliz	Kaiser Hospital, 1515 N. Vermont, 90027 (Enter parking garage on Sunset Blvd. Meetings held in the Conference Center, located in the SE corner of the parking garage. Paid parking in garage. Meter and free parking on side streets.)	Step Study (Free S.L.A.A. pamphlets)	C/S/H
<b>MONDAY</b>				
7:30AM	Sherman Oaks	Church of the Chimes, 14115 Magnolia Blvd, Sherman Oaks, CA 91423 (Northwest corner of Hazeltine and Magnolia Blvd. Park in Lot)	"Intrigue and the Workplace"	1/SP/L
8:40AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd Floor, Community Room by the clock tower)	"TGIM! – Thank God It's Monday"	1/H/SP
12:00PM	Brentwood	Village Lutheran, 343 Church Lane, 90049, (Church Lane runs parallel west of 405 fwy, enter on Farlin Street north side)	1 Hour Meeting	L/1/C
6:00PM	Hollywood	St. Thomas the Apostle Parish, 7501 Hollywood Blvd., 90028 (park in 2nd lot on Gardner, north of the Church)	"Everyone Shares"	C/N/H/SP
7:00PM	Santa Monica	The Christian Institute of Spiritual Science, 1308 2nd St., 90401 (park at Arizona & 2nd Street in lot with white picket fence, honk to get in – meeting does not meet during holidays)	"Falling in Love with the Steps"	S/SP
7:30PM	Glendale	Chevy Chase Baptist Church, 1209 E Garfield Ave., 91205 (at Chevy Chase Dr.)	Step Study (Speaker on 3rd Mon.), Women's Meeting	W/S/SP/C/1
8:00PM	Los Feliz	MCC Founders Church, 4607 Prospect Avenue, 90027 (meeting in Basement, enter building through side doors on Rodney Dr. and go downstairs) *** <b>NEW MEETING LOCATION</b> ***	"Top Line Behavior"	SP/H
<b>TUESDAY</b>				
7:30AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd floor, Community room next to the clock tower) *** <b>NEW MEETING LOCATION</b> ***	"Keeping Current"	1/SP/H
9:00AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd Floor, Community room by the clock tower)	"Second Chances" (12 & 12 Study)	1/SP/H/L
10:00AM	Atwater Village	Pathfinders Alano Club, 3367 Glendale Blvd. Los Angeles, CA 90039 (West side of the street. On ground level thru courtyard. Street parking.)	Fantasy & Intrigue - Women's Stag	1/C/W
6:00PM	Ventura	Bible Fellowship Church 6950 Ralston St, 93003 (Park in Johnson St. Parking Lot, Building 300 on Right. First Room on Left, #302)	"Keeping Current"	H/K/9
6:30PM	Manhattan Beach	Manhattan Beach Community Church, 303 S Peck Ave, Manhattan Beach, CA 90266 (In the "Upper Room" above the Community Center. We will try to have signs & greeter.)	Sobriety in the South Bay	C/H/SP/S/B/K
6:30PM	La Verne	First Baptist Church, 2415 6th St., La Verne CA 91750	"Women's Commitment to Recovery"	W/L/S/C
7:00PM	Sherman Oaks	Church of the Chimes, 14115 Magnolia Blvd, Sherman Oaks, CA 91423 (Northwest corner of Hazeltine and Magnolia Blvd. Park in Lot. Meeting in Little Red Chapel) *** <b>NEW MEETING</b> ***	Literature Study / Getting Current	1/L
7:00PM	Long Beach	St. Luke's Lutheran Church, 5633 E. Wardlow Road, Long Beach, CA 90808	Book Study	H/B/C/K/L
7:30PM	Santa Monica	The Christian Institute of Spiritual Science, 1308 2nd St., 90401 (park at Arizona & 2nd Street in lot with white picket fence, honk to get in)	"Focus on Solutions"	K/SP/C
7:30PM	Pasadena	Neighborhood Church, 301 N. Orange Grove Blvd., 91103 (Room 25)	Book Study, Meditation	H/L/B/N/SP/C/K
7:45PM	Los Feliz	4607 Prospect Ave., 90027 (Enter on Prospect, upstairs at the far right side of the courtyard.)	"Sexual, Social and Emotional Anorexia"	A/L/SP

A – Anorexia Focus    1 – One Hour    L – Literature Reading    S – Step Study    H – Handicap Access    C – Closed (Identified Sex and Love Addicts only)  
 W – Women only    M – Men only    B – Book Study    IG – Intergroup    SP – Speaker Meeting    K – Chips Given    N – Newcomers Focus

**Published and Updated for December 2016**

**SLAA LOS ANGELES MEETING LIST**

**WEDNESDAY**

7:30AM	Sherman Oaks	Congregational Church of the Chimes, 14115 Magnolia Blvd., 91423 (Northwest corner of Hazeltine and Magnolia Blvd. Park in Lot)	"Morning Meditation"	1/C/SP
10:00AM	Silverlake	Cafe Tropical, 2900 Sunset Blvd, 90026 (Back Room)	"Willingness & Surrender"	SP
6:00PM	Long Beach	Atlantic Alano Club, 600 1/2 Redondo Ave, Second Floor, 90814	"Healing Hearts: Focus on Love Addiction" – Womens	W/H/C/K/9
6:30PM	Santa Monica	Crossroads School, 1745 21st Street, Santa Monica, 90404 (Enter thru security gate on 21st & Michigan, 3rd floor, Hurston Room)	"Focus on Sex Addiction" – Women's Stag	1/W/SP/C
7:30PM	Sherman Oaks	First Presbyterian Church, 4445 Noble Ave, 91403	Newcomer Meeting	B/K/H/N/SP
7:30PM	Santa Monica	Crossroads School, 1745 21st St, 90404 (3rd floor, Steinbeck room)	"Steps to Recovery & Healthy Relationships"	C/SP/L
7:30PM	West Hollywood	Farmer's Market, 6333 W 3rd St at Fairfax, 90036 (2nd Fl Community Rm by clock tower)	"Fantasy Island – Everyone Shares – Mens' Stag"	C/M
7:30PM	Malibu	SOBA Recovery Center, 22669 Pacific Coast Highway (just east of Sweetwater Canyon Dr.), 90265 (Meeting in SOBA Clubhouse, parking available in lot just east/south of SOBA)	"Stepping Into Action"	C/S/SP/9
8:30PM	Atwater Village	Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere Ave., parking on Glendale Blvd and on side streets)	"Wednesday Meditation"	1/C/H

**THURSDAY**

7:30AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd floor, Community room next to the clock tower)	Book Study	C/K/H/1/L
12:00PM	North Hollywood	MCC in the Valley, 5730 Cahuenga Blvd., North Hollywood, 91601 (Back room in patio, parking available in church lot and on street)	"One Day at a Time"	N/S/1
6:00PM	Santa Monica	Crossroads School, 1745 21st Street Santa Monica 90404 (3rd Floor, Steinbeck Room)	"Courtship: From Fantasy To Reality"	C/9
6:30PM	Hollywood	The Village, 1125 N. McCadden Pl, 90038 (Room 139)	"Focus on Sex Addiction"	1/C/K/H
7:30PM	Long Beach	First Congregational Church UCC, 241 Cedar Ave., Long Beach, 90802 (upstairs through the metal doors off Cedar)	"Writing & Focus on Top Line Behavior"	S/H/B
7:45PM	Glendale	Chevy Chase Baptist Church, 1209 E. Garfield Ave, Glendale, CA 91205	"Acceptance and Gratitude" – Women's Meeting	W/SP/1
8:00PM	Santa Monica	Crossroads School, 1745 21st St, 90404 (3rd Floor, Steinbeck Room)	Everyone Shares, Candlelight	K

**FRIDAY**

7:30AM	West Hollywood	Farmer's Market, 6333 W. 3rd Street, 90036 (3rd & Fairfax, 2nd floor, Community room next to the clock tower)	"Focus on Healthy Sexuality" – Women's Stag	1/W/K/SP/B/L
12:30PM	Santa Monica	Memorial Park, 1401 Olympic Blvd, 90404 (West of the gym, off 14th St. in the first brick building) *** NEW MEETING LOCATION ***	1 Hour Meeting	SP/L/S/1/H
6:00PM	Santa Monica	April – Sept. We meet on the beach left of the volleyball nets, 810 Pacific Coast Hwy. Pay to park there or park free and take the stairs from Ocean Ave at Montana. Raining? Join us instead for fellowship at Kreation Kafe, 1023 Montana Ave.	11th Step By The Sea	SP/C/1
6:30PM	West LA	11313 Washington Blvd, 90066 (between Sawtelle and Albright, parking on Washington Blvd.)	Step Study & Discussion – Men's Stag	M/L
6:30PM	Los Feliz	Kaiser Hospital, 1515 N. Vermont, 90027 (Enter parking garage on Sunset Blvd. Meetings held in the Conference Center, located in the SE corner of the parking garage. Paid parking in garage. Meter and free parking on side streets.)	Men's Stag	M/H/SP
7:30PM	West LA	11321 Washington Blvd, 90066 (Between Sawtelle and Albright, parking on Washington Blvd.)	"Solutions in Withdrawal"	SP/B/9
8:30PM	Atwater Village	Pathfinder's Alano Club, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere Ave., parking on side streets) (1st Friday: 10 min meditation, 2nd and 4th Friday: Speaker, 3rd Friday: Step Study)	"Stepping into Recovery" – Women's Stag	9/W/H/SP/S/K

**SATURDAY**

9:30AM	North Hollywood	MCC in the Valley, 5730 Cahuenga Blvd., North Hollywood, 91601 (Meeting in Main room in Church, parking available in Church Lot and on the Street)	"Fantasy & Romantic Intrigue"	SP/C/H
10:00AM	Santa Monica	Douglas Park Building, 2439 Wilshire Blvd., 90403	"Artists in Recovery"	SP/H
11:00AM	West Hollywood	9021 Melrose Avenue, 90069 (several meetings are held at this location. Meeting is Located in Small Room in Back of the Building, Street Parking Available)	"Tools of Recovery" – Newcomers Meeting	N/SP/L/H
4:00PM	Santa Monica	Mt. Olive Lutheran Church, 1343 Ocean Park Blvd., 90405	"Answers in the Heart"	SP
4:30PM	Atwater Village	Pathfinder's, 3367 Glendale Blvd., 90039 (West side of the street between Boyce and Revere, parking at facility and on side streets)	"Healthy Relationships – Focus on Sober Dating"	C/S/H/1
6:00PM	Santa Monica	Crossroads School, 1745 21st Street Santa Monica 90404 (3rd Floor, Steinbeck Room) *** NEW MEETING ***	"Gratitude + Steps 1,2,3"	9/S/SP
6:00PM	Los Feliz	Kaiser Hospital, 1515 N. Vermont, 90027 (Enter parking garage on Sunset Blvd. Meetings held in the Conference Center, located in the SE corner of the parking garage. Paid parking in garage. Meter and free parking on side streets.) *** MEETING NEEDS SUPPORT ***	"Signs of Recovery"	SP/H/9/K
6:30PM	Sherman Oaks	Sherman Oaks Hospital, Circle of Care Meeting Room, 4929 Van Nuys Blvd., 91403. (free parking in the structure, get a name tag from the guard, use your first name for 12 step meeting)	"Getting Sober, Staying Sober"	1/SP/H/C

A – Anorexia Focus    1 – One Hour    L – Literature Reading    S – Step Study    H – Handicap Access    C – Closed (Identified Sex and Love Addicts only)  
W – Women only    M – Men only    B – Book Study    IG – Intergroup    SP – Speaker Meeting    K – Chips Given    N – Newcomers Focus

**Published and Updated for December 2016**